

**EXTENSION THEOREMS FOR FUNCTIONS OF  
VANISHING MEAN OSCILLATION**

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## Extension theorems for functions of vanishing mean oscillation

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### Abstract

A locally integrable function is said to be of vanishing mean oscillation (*VMO*) if its mean oscillation over cubes in  $\mathbf{R}^d$  converges to zero with the volume of the cubes. We establish necessary and sufficient conditions for a locally integrable function defined on a bounded measurable set of positive measure to be the restriction to that set of a *VMO* function.

We consider the similar extension problem pertaining to  $BMO(\rho)$  functions; that is, those *VMO* functions whose mean oscillation over any cube is  $O(\rho(\ell(Q)))$  where  $\ell(Q)$  is the length of  $Q$  and  $\rho$  is a positive, non-decreasing function with  $\rho(0^+) = 0$ .

We apply these results to obtain sufficient conditions for a Blaschke sequence to be the zeros of an analytic  $BMO(\rho)$  function on the unit disc.

## Contents

	Page
Acknowledgements .....	(ii)
Abstract .....	(iii)
1. Introduction .....	1
2. Preliminary results .....	5
3. Proof of theorem I .....	13
4. Extension to $BMO(\rho)$ .....	28
5. The zeros of analytic $BMO(\rho)$ functions .....	35
References .....	44

## 1. Introduction

Let  $F$  be a locally integrable function on  $\mathbf{R}^d$  and let  $Q$  be a cube in  $\mathbf{R}^d$  with sides parallel to the axes. (We denote the set of all such cubes in  $\mathbf{R}^d$  by  $\mathfrak{S}'$ .) We denote the Lebesgue measure of  $Q$  by  $|Q|$  and the length of  $Q$  by  $\ell(Q)$ . We denote the average of  $F$  on  $Q$  by  $F_Q$ ; that is  $F_Q = \frac{1}{|Q|} \int_Q F dt$ . We say  $F$  is of bounded mean oscillation (abbreviated  $BMO(\mathbf{R}^d)$  or simply  $BMO$ ) if

$$\sup_{Q \in \mathfrak{S}'} \frac{1}{|Q|} \int_Q |F - F_Q| < \infty. \quad (1.1)$$

We denote this supremum by  $\|F\|_*$ .  $\|\cdot\|_*$  defines a norm on  $BMO$  and  $BMO$  is a Banach space with respect to this norm. (We identify functions which differ by a constant.) If in (1.1) we restrict the cubes to be dyadic we obtain the space dyadic- $BMO$ . (By a dyadic cube we mean a cube of the form  $Q = \{k_j < x_j < (k_j + 1)2^{-n}; 1 \leq j \leq d\}$  where  $n$  and  $k_j, 1 \leq j \leq d$ , are integers.) The function space  $BMO$  was introduced in 1961 by John and Nirenberg [7] who proved the following fundamental theorem:

### Theorem 1.1

Let  $F$  be a locally integrable function on  $\mathbf{R}^d$ , and for each  $n \in \mathbf{Z}$  define:

$$\bar{\mu}_n(F) = \inf \left\{ \frac{1}{\lambda} : \sup_{\ell(Q) \leq 2^{-n}} \inf_{a \in \mathbf{R}} \frac{1}{|Q|} \int_Q e^{\lambda|F-a|} < 2 \right\}$$

Then,

(1)  $F \in BMO$  if and only if,

(2)  $\sup_{n \in \mathbf{Z}} \bar{\mu}_n(F) < \infty$ .

The implication (2) $\Rightarrow$ (1) is straightforward while (1) $\Rightarrow$ (2) is obtained by means of a Calderon-Zygmund stopping time argument. (This result and other basic results on  $BMO$  can be found in [4] and [12].)

A closed subspace of  $BMO$  that we will be mainly concerned with, is the space of functions of vanishing mean oscillation ( $VMO$ ) which was introduced by Sarason in [11] and is defined as:

$$VMO = \{F \in BMO : \lim_{\delta \rightarrow 0} \left( \sup_{\substack{Q \in \mathfrak{S}' \\ \ell(Q) < \delta}} \frac{1}{|Q|} \int_Q |F - F_Q| \right) = 0\}$$

Equivalently, by the theorem of John and Nirenberg,  $F \in VMO$  if and only if  $F \in BMO$  and  $\lim_{n \rightarrow \infty} \bar{\mu}_n(F) = 0$ .

A bounded function  $\rho : \mathbf{R}^+ \rightarrow \mathbf{R}^+$  is called a growth function if  $\rho$  is non-decreasing and satisfies  $\rho(0^+) = 0$ . Furthermore, we will always assume  $\rho(2t) \leq 2\rho(t)$ . We define

$$BMO(\rho) = \{F \in VMO : \sup_{Q \in \mathfrak{S}'} \frac{1}{|Q|\rho(\ell(Q))} \int_Q |F - F_Q| < \infty\}$$

We define  $\tilde{\rho}(t) = t \int_t^1 \frac{\rho(\theta)}{\theta^2} d\theta$  and say  $\rho$  is regular if  $\exists C > 0$  such that  $\tilde{\rho}(t) \leq C\rho(t)$ .

If  $E$  is a Lebesgue measurable subset of  $\mathbf{R}^d$  of positive measure (throughout we will always assume  $E$  has positive measure unless stated otherwise), we can ask for necessary and sufficient conditions for a locally integrable function defined on  $E$  to be the restriction to  $E$  of a function in  $BMO(\mathbf{R}^d)$ . This characterization was given by Wolff [14] and is based upon a technique due to Rubio de Francia [10] which generalizes Jones' factorization theorem for  $A_p$ -weights [8]. The main result of this dissertation is to obtain a similar characterization for  $VMO$  functions and this is the content of the following theorem:

**Theorem I**

Let  $E$  be a bounded measurable subset of  $\mathbf{R}^d$  and let  $f$  be a locally integrable function defined on  $E$ . For each  $n \in \mathbf{Z}$  define:

$$\mu_n(f) = \inf \left\{ \frac{1}{\lambda} : \sup_{\ell(Q) \leq 2^{-n}} \inf_{a \in \mathbf{R}} \frac{1}{|Q|} \int_{Q \cap E} e^{\lambda|f-a|} < 2 \right\}$$

Then the following are equivalent:

- (1)  $f$  is the restriction of a  $VMO$  function on  $\mathbf{R}^d$  to  $E$
- (2)  $\sup_{n \in \mathbf{Z}} \mu_n(f) < \infty$  and  $\lim_{n \rightarrow \infty} \mu_n(f) = 0$

The proof of this theorem consists of two parts. In the first part we obtain an extension to a function  $F$  which is a  $VMO$  function relative to a certain net of cubes (in particular,  $F$  will be in dyadic  $VMO(\mathbf{R}^d)$ ). We then obtain an extension for each translation of this net of cubes and the second part of the proof consists of averaging these extensions to obtain an extension to  $VMO(\mathbf{R}^d)$ .

We also obtain a similar characterization for functions in  $BMO(\rho)$ :

**Theorem II**

Let  $E$  be a bounded measurable subset of  $\mathbf{R}^d$ . Let  $f$  be a locally integrable function defined on  $E$  and define  $\mu_n(f)$  as in Theorem I. If  $\rho$  is a growth function satisfying :

- (1)  $\mu_n(f) \leq C \rho(2^{-n}), \quad \forall n \in \mathbf{Z}$
- (2)  $\inf_{t > 0} \rho(t) |\log t| > 0$
- (3)  $\exists \lambda > 1$  such that for all  $m \in \mathbf{Z}$  and for all cubes  $Q, \ell(Q) \leq 2^{-m}$  with

$0 < |Q \cap E| < |Q|/\lambda$  we have

$$\inf_{n>m} \rho(2^{-n}) \left| \log \left| \{x \in Q \cap E : \sup_{\substack{x \in Q' \\ \ell(Q') \leq 2^{-n}}} \frac{|Q'|}{|Q' \cap E|} > \lambda\} \right| \right| \geq \rho(2^{-m}) \left| \log \frac{|Q \cap E|}{|Q|} \right|$$

then  $f$  is the restriction to  $E$  of a function in  $BMO(\tilde{\rho})$ . In particular, if  $\rho$  is regular then  $f$  is the restriction to  $E$  of a function in  $BMO(\rho)$ .

Finally we examine some uniqueness properties of these extensions and consider various applications of the above results to Blaschke sequences and the zero sets of analytic  $BMO(\rho)$  functions on the unit disc.

Throughout  $C$  will denote a positive constant which will be independent of the variables in the equation in which it occurs but which may be different at each occurrence.



## 2. Preliminary Results

Let  $E$  be a measurable subset of  $\mathbf{R}^d$  and let  $\mathfrak{S}$  be a collection of cubes in  $\mathbf{R}^d$  with  $\bigcup\{Q : Q \in \mathfrak{S}\} = \mathbf{R}^d$ .

### Definition:

(1) If  $F$  is a locally integrable function on  $\mathbf{R}^d$ , we define the maximal function of  $F$  relative to  $\mathfrak{S}$  by

$$(M_{\mathfrak{S}}F)(x) = \sup_{\substack{x \in Q \\ Q \in \mathfrak{S}}} \frac{1}{|Q|} \int_Q F dt \quad \text{for all } x \in \mathbf{R}^d$$

If  $\mathfrak{S} = \mathfrak{S}'$ , this is the usual Hardy-Littlewood maximal function.

(2) If  $f$  is a locally integrable function on  $E$ , we define the maximal function of  $f$  relative to  $\mathfrak{S}$  by

$$(m_{\mathfrak{S}}f)(x) = \sup_{\substack{x \in Q \\ Q \in \mathfrak{S}}} \frac{1}{|Q|} \int_{Q \cap E} f dt \quad \text{for all } x \in E.$$

### Definition:

(1) Let  $w$  be a positive locally integrable function on  $E$  and let  $1 < p < \infty$ . We say  $w$  is an  $A_p(E)$ -weight relative to  $\mathfrak{S}$  if

$$\sup_{Q \in \mathfrak{S}} \left( \frac{1}{|Q|} \int_{Q \cap E} w dt \right) \left( \frac{1}{|Q|} \int_{Q \cap E} \left( \frac{1}{w} \right)^{\frac{1}{p-1}} dt \right)^{p-1} < \infty \quad (2.1)$$

and we denote the collection of all such weights by  $A_p(E, \mathfrak{S})$ . If  $E = \mathbf{R}^d$  and  $\mathfrak{S} = \mathfrak{S}'$  we abbreviate  $A_p(E, \mathfrak{S})$  by  $A_p$  and say  $w$  is an  $A_p$ -weight.

(2) We say a positive locally integrable function  $w$  is an  $A_1(E)$ -weight relative to  $\mathfrak{S}$  if

$$\sup_{Q \in \mathfrak{S}} \left\{ \left( \frac{1}{|Q|} \int_{Q \cap E} w dt \right) \operatorname{ess\,sup}_{x \in Q} \frac{1}{w(x)} \right\} < \infty.$$

We denote the collection of all such weights by  $A_1(E, \mathfrak{S})$ .

We record some properties of  $A_p(E, \mathfrak{S})$ -weights in the following proposition

**Proposition 2.1**

(i) If  $w \in A_p(E, \mathfrak{S})$  then  $w \in A_r(E, \mathfrak{S})$  for all  $r > p$  and  $(\frac{1}{w})^{\frac{1}{p-1}} \in A_{\frac{p}{p-1}}$ .

(ii) If  $w_1, w_2 \in A_1(E, \mathfrak{S})$  then  $w_1 w_2^{1-p} \in A_p(E, \mathfrak{S})$  for all  $1 < p < \infty$ .

(iii) If  $w \in A_p$  then  $F = \log w \in BMO$ . By the theorem of John and Nirenberg (Theorem 1.1), if  $F \in BMO$  there exists  $\delta > 0$  such that  $e^{\delta F} \in A_p$ .

(iv) We mention here the following result of Coifmann and Rochberg [3] :

If  $F \in L_1^{loc}(\mathbf{R}^d)$  and  $Mf(x) < \infty$  a.e., then for each  $0 < \delta < 1$ ,  $(Mf)^\delta \in A_1$ .

(We prove a similar result in lemma 2.1 below ).

**Definition:**

Let  $1 < p < \infty$  and let  $w \in A_p(E, \mathfrak{S})$ . We say  $w$  satisfies a *reverse Hölder inequality* if there exists  $\epsilon > 0$  such that  $w^{1+\epsilon} \in A_p(E, \mathfrak{S})$ .

*Remark :* If  $w \in A_p$  then  $w$  satisfies a reverse Hölder inequality with  $\epsilon$  depending on  $p$  and the supremum in (2.1). This fact may be deduced from (2.1) by a repeated application of a Calderon-Zygmund stopping time argument. See [1], [9].

The next theorem is a variation of a theorem of Muckenhoupt [9]. The proof is the same and so will be omitted.

**Theorem 2.1**

Let  $1 < p < \infty$  and let  $w \in A_p(E, \mathfrak{S})$ . If  $w$  satisfies a reverse Hölder inequality then

there exists a constant  $C > 0$  such that

$$\int \{m_{\mathfrak{S}}(f)\}^p w \, dx \leq C \int |f|^p w \, dx \quad (2.2)$$

and

$$\int \{m_{\mathfrak{S}}(f)\}^q \left(\frac{1}{w}\right)^{\frac{q}{p}} dx \leq C \int |f|^q \left(\frac{1}{w}\right)^{\frac{q}{p}} w \, dx \quad (2.3)$$

where  $q = \frac{p}{p-1}$

By a theorem of Rubio de Francia [10], (2.2) and (2.3) imply that there exist  $w_1, w_2 \in A_1(E, \mathfrak{S})$  such that  $w = w_1 w_2^{1-p}$ . We summarize what we need from the above in the following corollary

**Corollary 2.1**

If  $w \in A_2(E, \mathfrak{S})$  and  $w$  satisfies a reverse Hölder inequality then there exist  $w_1, w_2 \in A_2(E, \mathfrak{S})$  such that  $w = \frac{w_1}{w_2}$ .

We are now in a position to give the *BMO* extension theorem of Wolff [14].

**Theorem 2.2**

If  $f$  is measurable on  $E$ , then the following are equivalent:

- (1)  $f$  is the restriction of a *BMO* function on  $\mathbf{R}^d$  to  $E$
- (2)  $\exists \lambda > 0$  such that

$$\sup_{Q \in \mathfrak{S}'} \frac{1}{|Q|} \int_{Q \cap E} e^{\lambda |f - \frac{1}{|Q \cap E|} \int_{Q \cap E} f|} < \infty$$

- (3)  $\exists \lambda > 0$  such that

$$\sup_{Q \in \mathfrak{S}'} \inf_{a \in \mathbf{R}} \frac{1}{|Q|} \int_{Q \cap E} e^{\lambda |f - a|} < \infty$$

We give the proof as it provides one of the basic steps needed in proving theorem I.

**Proof** The equivalence of (2) and (3) are straightforward and the implication (1) $\Rightarrow$ (3) is similar to the proof of (1) $\Rightarrow$ (2) in theorem I which we give in §3.

(2) $\Rightarrow$ (1): (2) implies that  $w = e^{\frac{\lambda f}{2}} \in A_2(E, \mathfrak{S}_0)$  and satisfies a reverse Hölder inequality. Hence by corollary 2.1, there exist  $w_1, w_2 \in A_1(E, \mathfrak{S}_0)$  such that  $w = e^{\frac{\lambda f}{2}} = \frac{w_1}{w_2}$ . Define  $W_i = M_{\mathfrak{S}'}(\chi_E w_i)^{\frac{1}{2}}$ ,  $i = 1, 2$ . By Proposition 2.1 (iv),  $W_1, W_2 \in A_1$ , i.e.  $\exists C > 0$  such that  $W_i \leq M_{\mathfrak{S}'}(W_i) \leq C W_i$ ,  $i = 1, 2$ . Since  $M_{\mathfrak{S}'}(\chi_E w_i) = m_{\mathfrak{S}'}(w_i)$ , a.e. on  $E$ , ( $i = 1, 2$ ), it follows that  $\exists g \in L_\infty(\mathbf{R}^d)$ ,  $g > 0$  such that

$$\begin{aligned} g \left( \frac{W_1}{W_2} \right)^2 &= \frac{w_1}{w_2} \\ &= e^{\frac{\lambda f}{2}} \quad \text{a.e. on } E. \end{aligned}$$

Define  $F = \frac{2}{\lambda} \{ \log g + 2 \log (W_1/W_2) \}$ . Then  $F = f$  a.e on  $E$  and by Proposition 2.1 (ii) and (iii),  $F \in BMO(\mathbf{R}^d)$ . ■

Finally we prove 2 lemmas which are needed in the next section. The first is a variation of the theorem of Coifmann and Rochberg mentioned above while the second is based on lemma 2.2 in [5].

For each  $k \in \mathbf{Z}$  we define

$$D_k = \{ Q \in \mathfrak{S}' : Q \text{ dyadic, } \ell(Q) = 2^{-k} \}.$$

**Lemma 2.1**

Let  $m, n \in \mathbf{N}$  with  $m > n$  and let

$$\mathfrak{S} = \left\{ Q : Q = \bigcup_{Q_i \in D_m} Q_i \text{ and if } \ell(Q) \leq 2^{-n} \text{ then } Q \subseteq Q_n \in D_n \right\}$$

Then

(1) Given  $Q \in \mathfrak{S}$ ,  $\exists C > 0$  and  $Q_1 \in \mathfrak{S}$  such that  $Q \subseteq Q_1$ ,  $|Q_1| \leq C|Q|$  and whenever  $Q_2 \in \mathfrak{S}$  satisfies  $|Q_2 \cap Q| > 0$  and  $|Q_2 \cap Q_1^c| > 0$  there exist  $Q_3 \in \mathfrak{S}$  such that  $Q, Q_2 \subseteq Q_3$  and  $|Q_3| \leq C|Q_2|$ . (The constant  $C$  depends only on the dimension.)

(2)  $\forall \delta$ ,  $0 < \delta < 1$ ,  $\exists C_\delta > 0$ , depending only on  $\delta$ , such that

$$M_{\mathfrak{S}} \left( (M_{\mathfrak{S}} g)^\delta \right) (x) \leq C_\delta (M_{\mathfrak{S}} g)^\delta (x)$$

**Proof** (1) If  $\ell(Q) \geq 2^{-n}$  then we take  $Q_1$  to be that cube with the same center as  $Q$  and of length  $3\ell(Q)$ .

If  $\ell(Q) < 2^{-n}$  then  $\exists Q_n \in D_n$  with  $Q \subseteq Q_n$ . If  $\text{dist}(Q, \partial Q_n) \geq \ell(Q)$  we can again take  $Q_1$  as above. In the remaining case it is not hard to see that there exists cubes  $\{Q_i\}$  in  $\mathfrak{S}$  satisfying  $|Q \cap Q_i| > 0$  and  $\frac{1}{2}\ell(Q) \leq \ell(Q_i) \leq 4\ell(Q)$  and such that if we take  $Q_1$  to be the completion of the  $Q_i$  to a cube in  $\mathfrak{S}$  then  $Q_1$  satisfies (1).

(2) To prove (2) it suffices to show  $\exists C > 0$  such that  $\forall Q \in \mathfrak{S}$ ,

$$\frac{1}{|Q|} \int_Q (M_{\mathfrak{S}} g)^\delta dt \leq C_\delta \inf_{x \in Q} (M_{\mathfrak{S}} g)^\delta.$$

Fix  $Q \in \mathfrak{S}$  and let  $Q_1$  be as in (1) and let  $g_1 = g\chi_{Q_1}$ ,  $g_2 = (1 - \chi_{Q_1})g$  so that  $g = g_1 + g_2$ .

*Claim* :  $\frac{1}{|Q|} \int_Q (M_{\mathfrak{S}} g_i)^\delta dt \leq C_\delta \inf_{x \in Q} (M_{\mathfrak{S}} g)^\delta$ ,  $i = 1, 2$ .

*Proof* :  $i = 1$ : The weak-type estimate for the Hardy-Littlewood maximal function implies

$$\left| \left\{ x \in Q_1 : (M_{\mathfrak{S}} g_1)^\delta > \lambda \right\} \right| \leq C|Q_1| \left( \frac{\lambda_0}{\lambda} \right)^{\frac{1}{\delta}}$$

where  $C$  depends only on the dimension and  $\lambda_0 = \left( \frac{1}{|Q_1|} \int_{Q_1} g_1 dt \right)^\delta$ . This implies

$$\begin{aligned} \int_{Q_1} (M_{\mathfrak{S}} g_1)^\delta dt &\leq \lambda_0 |Q_1| + C \lambda_0^{\frac{1}{\delta}} |Q_1| \int_{\lambda_0}^{\infty} \lambda^{-\frac{1}{\delta}} d\lambda \\ &\leq c_\delta \left( \frac{1}{|Q_1|} \int_{Q_1} g_1 dt \right)^\delta \\ &\leq c_\delta (M_{\mathfrak{S}} g_1)^\delta(x) \quad \forall x \in Q_1 \\ &\leq c_\delta (M_{\mathfrak{S}} g)^\delta(x) \quad \forall x \in Q_1 \end{aligned}$$

$i = 2$  : Fix  $x \in \text{int}(Q)$ . Then (1) of the lemma implies that whenever  $Q_2 \in \mathfrak{S}$  contains  $x$  and  $|\text{supp}(g_2) \cap Q_2| > 0$ ,  $\exists Q_3 \in \mathfrak{S}$  satisfying  $Q_1, Q_2 \subseteq Q_3$  and  $|Q_3| \leq C |Q_2|$ .

This implies

$$\begin{aligned} (M_{\mathfrak{S}} g_2)(x) &\leq C \inf_{y \in Q} (M_{\mathfrak{S}} g_2)(y) \\ &\leq C \inf_{y \in Q} (M_{\mathfrak{S}} g)(y) \\ \Rightarrow \frac{1}{|Q|} \int_Q (M_{\mathfrak{S}} g_2)^\delta dt &\leq C \inf_{y \in Q} (M_{\mathfrak{S}} g)^\delta(y) \end{aligned}$$

and this proves the claim in the case  $i = 2$ . (2) of the lemma now follows from the claim and the fact

$$(M_{\mathfrak{S}} g)^\delta \leq C_\delta \left( (M_{\mathfrak{S}} g_1)^\delta + (M_{\mathfrak{S}} g_2)^\delta \right). \quad \blacksquare$$

### Lemma 2.2

Let  $E$  be a measurable subset of the unit cube  $Q_0$  with  $0 < |E| < 1$ . Then if

$0 < \beta < \log 1/|E|$ ,  $\exists H \in VMO(Q_0)$ ,  $\|H\|_* \leq C_0$  such that :

$$(1) \quad 0 \leq H \leq \beta, \text{supp}(H) \subseteq Q, H = \beta \text{ on } E$$

$$(2) \quad \sup_{Q: \ell(Q) \geq 1} \frac{1}{|Q|} \int_Q H dt \leq C_0.$$

**Proof** W.l.o.g we may assume  $|E| \leq 2^{-4d}$  (otherwise we may take  $H$  to be constant). Let  $\{Q_i\}$  be the maximal subcubes of  $Q$  for which  $|Q_i \cap E| > \frac{1}{2} |Q_i|$ . For

each  $j \geq 1$  choose  $n_j$  so that

$$\left| \log \sum_{i \geq n_j} |Q_i| \right| > 2^j \left| \log \left| \bigcup Q_i \right| \right|$$

and define  $G^{(j)} = \{Q_i : n_j \leq i < n_{j+1}\}$  so that  $\sum_{Q \in G^{(j)}} |Q| \leq 4^{-\beta_j d} |Q_0|$  where  $\beta_j = 2^j \beta_0$ ,  $\beta_0 = \left[ \frac{1}{2d} \left| \log \left| \bigcup Q_i \right| \right| \right]$  and  $[ \ ]$  denotes the greatest integer function.

For each  $j$  we now construct a sequence of generations  $\left\{ G_i^{(j)} \right\}_{i=1}^{\beta_j}$  as follows:

(1)  $G_1^{(j)} = G^{(j)}$

(2) Suppose  $G_i^{(j)}$  has been defined. For each  $Q \in G_i^{(j)}$  let  $Q^{(k)}$  denote that dyadic cube of length  $2^k \ell(Q)$  containing  $Q$ . Choose  $k$  minimal so that

$$\sum \left\{ |Q_i| : Q_i \in G_i^{(j)}, Q_i \subseteq Q^{(k)} \right\} < 2^{-d} |Q^{(k)}|$$

We define  $G_{i+1}^{(j)}$  to be the maximal cubes in  $\left\{ Q_r^{(k)} : Q_r \in G_i^{(j)} \right\}$ . We note that

$$\begin{aligned} 4^{-d} \sum \left\{ |Q| : Q \in G_{\beta_j - i}^{(j)} \right\} &\leq \sum \left\{ |Q| : Q \in G_{\beta_j - i}^{(j)} \right\} \\ &\leq 2^{-d} \sum \left\{ |Q| : Q \in G_{\beta_j - i - 1}^{(j)} \right\} \end{aligned}$$

Now fix  $i$ ,  $1 \leq i \leq \beta_j$ . Let  $G_i^{(j)} = \{Q_k\}_{k=1}^N$  and we assume these cubes are indexed so that  $|Q_r| \geq |Q_s|$  whenever  $r < s$ . Let  $r_{k,i} \in C^\infty$  satisfy

(i)  $0 \leq r_{k,i} \leq 1$ ,

(ii)  $r_{k,i} = 1$  on  $Q_k$ ,  $\text{supp}(r_{k,i}) \subseteq \tilde{Q}_k$  where  $\tilde{Q}_k$  denotes that cube with the same center as  $Q_k$  and of length  $3\ell(Q_k)$ .

(iii)  $\left| \frac{\partial r_{k,i}}{\partial x_l} \right| \leq C/\ell(Q_k), \quad \forall 1 \leq l \leq d.$

Now define  $A_{1,i} = r_{1,i}$

$$A_{k,i} = A_{k-1,i} + r_{k,i} - r_{k,i} A_{k-1,i} \quad 2 \leq k \leq N,$$

and define  $b_{1,i} = r_{1,i}$

$$b_{k,i} = r_{k,i} (1 - A_{k-1,i}) \quad 2 \leq k \leq N.$$

It is clear that  $A_N = \sum_{k=1}^N b_{k,i}$  and  $A_N = 1$  on  $\bigcup_{k=1}^N Q_k$

Define  $a_j = \sum_{i=1}^{\beta_j} \sum_{Q_k \in G_i^{(j)}} b_{k,i}$  and note that  $a_j = \beta_j$  on  $\bigcup\{Q_k : Q_k \in G_1^{(j)}\}$

We now define  $H = \min\left(\sum_{j \geq 1} \frac{a_j}{2^j}, \beta_0\right)$ . ■

*Remark :* Let  $\min\{\ell(Q_i) : Q_i \in G_1^{(j)}\} = 2^{-n}$  and let  $Q$  be a cube with  $\ell(Q) = 2^{-m}$ .

Then for all  $m > n$ ,

$$\frac{1}{|Q|} \int_Q |a_j - (a_j)_Q| \leq C 2^{n-m}$$

*Proof :* For any  $x_0 \in Q$ ,

$$\frac{1}{|Q|} \int_Q |a_j - a_j(x_0)| \leq \sum_{i=1}^{\beta_j} \sum_{Q_k \in G_i^{(j)}} \frac{1}{|Q|} \int_Q |b_{k,i} - b_{k,i}(x_0)|$$

Now  $\left|\frac{\partial b_{k,i}}{\partial x_l}\right| \leq C/\ell(Q_k)$  —this follows from the definition of the  $b_{k,i}$  and the fact  $\left|\frac{\partial A_{k,i}}{\partial x_l}\right| \leq C/\ell(Q_k)$  which can be established by induction. Furthermore there are at most a fixed number of cubes in any  $G_i^{(j)}$  which intersect  $Q$ . If  $Q_{k_1}$  is any such cube and  $Q_{k_2}$  is a generation cube containing  $Q_{k_1}$  then for all  $x \in Q \cap Q_{k_2}$

$$|b_{k,i}(x) - b_{k,i}(x_0)| \leq C \frac{\ell(Q_{k_1})}{\ell(Q_{k_2})} \frac{\ell(Q)}{\ell(Q_{k_1})}$$

and hence

$$\sum_{i=1}^{\beta_j} \sum_{Q_k \in G_i^{(j)}} \frac{1}{|Q|} \int_Q |b_{k,i} - b_{k,i}(x_0)| \leq C 2^{n-m}.$$



### 3. Proof of Theorem I

#### Theorem I

Let  $E$  be a bounded measurable subset of  $\mathbf{R}^d$  and let  $f$  be a locally integrable function defined on  $E$ . For each  $n \in \mathbf{Z}$  define:

$$\mu_n(f) = \inf \left\{ \frac{1}{\lambda} : \sup_{\ell(Q) \leq 2^{-n}} \inf_{a \in \mathbf{R}} \frac{1}{|Q|} \int_{Q \cap E} e^{\lambda|f-a|} < 2 \right\}$$

Then the following are equivalent:

- (1)  $f$  is the restriction of a  $VMO$  function on  $\mathbf{R}^d$  to  $E$
- (2)  $\sup_{n \in \mathbf{Z}} \mu_n(f) < \infty$  and  $\lim_{n \rightarrow \infty} \mu_n(f) = 0$

**Proof** Without loss of generality we will assume  $E$  is contained in the unit cube in  $\mathbf{R}^d$ .

(1)  $\Rightarrow$  (2): Let  $F \in VMO$  with  $F\chi_E = f$  and for each  $n \in \mathbf{Z}$  define

$$\bar{\mu}_n(F) = \inf \left\{ \frac{1}{\lambda} : \sup_{\ell(Q) \leq 2^{-n}} \inf_{a \in \mathbf{R}} \frac{1}{|Q|} \int_Q e^{\lambda|F-a|} < 2 \right\}$$

$$\bar{\mu}_n^*(F) = \inf \left\{ \frac{1}{\lambda} : \sup_{\ell(Q) \leq 2^{-n}} \frac{1}{|Q|} \int_Q e^{\lambda|F-F_Q|} < 2 \right\}$$

$$\|F\|_{*,n} = \sup_{\ell(Q) \leq 2^{-n}} \frac{1}{|Q|} \int_Q |F - F_Q|$$

Since  $F \in BMO$ ,  $\exists C > 0$  such that  $\forall n \geq 0$ ,  $\|F\|_{*,n} \leq C$  and  $\lim_{n \rightarrow \infty} \|F\|_{*,n} = 0$ .

By Theorem (1.1),  $\exists C_1 > 0$  such that whenever  $0 < \lambda < C_1/\|F\|_{*,n}$  we have

$$\sup_{\ell(Q) \leq 2^{-n}} \frac{1}{|Q|} \int_Q e^{\lambda|F-F_Q|} < 2$$

Hence  $\bar{\mu}_n^*(F) \leq \|F\|_{*,n}/C_1$ . Since  $\bar{\mu}_n(F) \leq \bar{\mu}_n^*(F)$  and  $\mu_n(f) \leq \bar{\mu}_n(F)$ , it follows that  $\mu_n(f) \leq C$  for  $n = 0, 1, 2, \dots$  and  $\lim_{n \rightarrow \infty} \mu_n(f) = 0$  and this proves (1)  $\Rightarrow$  (2).

Proof of (2)  $\Rightarrow$  (1):

Part (i): Extension to dyadic-*VMO*.

Let  $\rho$  be a bounded growth function satisfying  $\rho(2t) \leq 2\rho(t)$ ,  $\forall t > 0$  and  $\mu_n(f) \leq \rho(2^{-n})$ ,  $\forall n \geq 0$ . Then (2) implies there exists a sequence  $\{\lambda_n\}_{n \geq 0}$ ,  $0 < \lambda_n \uparrow \infty$  such that

$$\frac{1}{\lambda_n} \leq C \rho(2^{-n}), \quad \forall n \geq 0 \quad \text{and} \quad \sup_{\ell(Q) \leq 2^{-n}} \frac{1}{|Q|} \int_{Q \cap E} e^{\lambda_n |f - f_{Q \cap E}|} < 2$$

Define a sequence  $n_k \subseteq \mathbb{N}$  by the condition  $\rho(2^{-n}) \leq 2^{-k}$  if and only if  $n \geq n_k$ . To simplify the notation we will write  $\lambda_k$  for  $\lambda_{n_k}$ . Now define

$$\mathfrak{S}_0 = \left\{ Q : Q = \bigcup \{Q_i : Q_i \in D_0\} \right\}$$

and for each  $k \geq 1$ ,

$$\mathfrak{S}_k = \left\{ Q : Q = \bigcup \{Q_i : Q_i \in D_{n_{k+1}}\} \text{ and if } \ell(Q) \leq 2^{-n_k} \right. \\ \left. \text{then } \exists Q_k \in D_{n_k} \text{ s.t. } Q \subseteq Q_k \right\}$$

For each  $n = 0, 1, 2, \dots$  we define  $f_n = \sum_{Q \in D_n} f_{Q \cap E} \chi_{Q \cap E}$ .

**Lemma 3.1**

There exists  $C > 0$ , depending only on the dimension, such that for all  $k \geq 0$ ,

$$(1) \quad \sup_{Q \in \mathfrak{S}_{k+1}} \left( \frac{1}{|Q|} \int_{Q \cap E} e^{\lambda_k (f_{n_{k+1}} - f_{n_k})} \right) \left( \frac{1}{|Q|} \int_{Q \cap E} e^{-\lambda_k (f_{n_{k+1}} - f_{n_k})} \right) \leq C$$

$$(2) \quad \sup_{Q \in \mathfrak{S}_0} \left( \frac{1}{|Q|} \int_{Q \cap E} e^{\lambda_0 f_0} \right) \left( \frac{1}{|Q|} \int_{Q \cap E} e^{-\lambda_0 f_0} \right) \leq C$$

**Proof** Fix  $j \in \mathbb{N}$

*Claim* :  $\exists C > 0$  such that for all  $\lambda \leq \lambda_j$  and for all  $Q, \ell(Q) \geq 2^{-n_j}$ ,

$$\frac{1}{|Q|} \int_{Q \cap E} e^{\lambda(f-f_{n_j})} \frac{1}{|Q|} \int_{Q \cap E} e^{-\lambda(f-f_{n_j})} \leq C \quad (3.1)$$

*Proof* : Given  $Q, \ell(Q) \geq 2^{-n_j}$ ,  $\exists Q_i \in D_{n_j}$  such that  $Q \subseteq \bigcup Q_i$  and  $\sum |Q_i| \leq 2^d |Q|$ .

This implies

$$\begin{aligned} \frac{1}{|Q|} \int_{Q \cap E} e^{\lambda|f-f_{n_j}|} &= \sum \frac{|Q_i|}{|Q|} \left( \frac{1}{|Q_i|} \int_{Q_i \cap E} e^{\lambda|f-f_{n_j}|} \right) \\ &\leq \sum \frac{|Q_i|}{|Q|} \left( \frac{1}{|Q_i|} \int_{Q_i \cap E} e^{\lambda|f-f_{Q_i \cap E}|} \right) \\ &\leq 2^{d+1} \end{aligned}$$

This implies (3.1) since

$$\frac{1}{|Q|} \int_{Q \cap E} e^{\lambda(f-f_{n_j})} \frac{1}{|Q|} \int_{Q \cap E} e^{-\lambda(f-f_{n_j})} \leq \left( \frac{1}{|Q|} \int_{Q \cap E} e^{\lambda|f-f_{n_j}|} \right)^2$$

Now  $\forall \lambda \leq \lambda_j$  and  $\forall Q, \ell(Q) \leq 2^{-n_j}$ ,  $Q \subseteq Q_j \in D_{n_j}$  we are given

$$\frac{1}{|Q|} \int_{Q \cap E} e^{\lambda(f-f_{Q \cap E})} \frac{1}{|Q|} \int_{Q \cap E} e^{-\lambda(f-f_{Q \cap E})} \leq C$$

and hence

$$\left( \frac{1}{|Q|} \int_{Q \cap E} e^{\lambda f} \right) \left( \frac{1}{|Q|} \int_{Q \cap E} e^{-\lambda f} \right) \leq C \quad (3.2)$$

Note that if  $j = 0$ , (3.2) holds for all  $Q$  and for all  $\lambda \leq \lambda_0$ . Now (3.2) implies that for all  $Q \subseteq Q_j \in D_{n_j}$  and for all  $\lambda \leq \lambda_j$

$$\frac{1}{|Q|} \int_{Q \cap E} e^{\lambda(f-f_{n_j})} \frac{1}{|Q|} \int_{Q \cap E} e^{-\lambda(f-f_{n_j})} \leq C \quad (3.3)$$

Since

$$\frac{1}{|Q|} \int_{Q \cap E} e^{\lambda(f_{n_{k+1}}-f_{n_k})} \leq \left( \frac{1}{|Q|} \int_{Q \cap E} e^{2\lambda(f-f_{n_k})} \right)^{\frac{1}{2}} \left( \frac{1}{|Q|} \int_{Q \cap E} e^{-2\lambda(f-f_{n_{k+1}})} \right)^{\frac{1}{2}}$$

( and similarly for  $\frac{1}{|Q|} \int_{Q \cap E} e^{-\lambda(f_{n_{k+1}} - f_{n_k})}$  ) we see that (1) follows from (3.1) and (3.3).

Now (3.1) and (3.2) imply that  $\forall \lambda \leq \lambda_0, \forall Q$  with  $\ell(Q) \geq 1$ ,

$$\begin{aligned} & \left( \frac{1}{|Q|} \int_{Q \cap E} e^{\lambda f_0} \right) \left( \frac{1}{|Q|} \int_{Q \cap E} e^{-\lambda f_0} \right) \leq \\ & \leq \left( \frac{1}{|Q|} \int_{Q \cap E} e^{\lambda(f-f_0)} \right) \left( \frac{1}{|Q|} \int_{Q \cap E} e^{-\lambda(f-f_0)} \right) \left( \frac{1}{|Q|} \int_{Q \cap E} e^{\lambda f} \right) \left( \frac{1}{|Q|} \int_{Q \cap E} e^{-\lambda f} \right) \\ & \leq C. \end{aligned}$$

and this gives (2) which completes the proof of the lemma.

To simplify the notation we set  $M_k(g) = M_{\mathfrak{S}_k}(g)$  and  $m_k(g) = m_{\mathfrak{S}_k}(g)$ . Corollary 2.1 implies the following :

For each  $k = 0, 1, 2, \dots$  there exist functions  $u_k, v_k$  such that

$$(i) \quad \frac{u_0}{v_0} = \exp \left( \frac{\lambda_0}{2} f_0 \right)$$

$$(ii) \quad \frac{u_k}{v_k} = \exp \left( \frac{\lambda_{k-1}}{2} (f_{n_k} - f_{n_{k-1}}) \right) \quad \forall k = 1, 2, \dots$$

$$(iii) \quad m_k(u_k) \leq C u_k \quad \text{and} \quad m_k(v_k) \leq C v_k \quad \forall k = 0, 1, 2, \dots$$

Now for each  $k = 0, 1, 2, \dots$  and for each  $x \in \mathbf{R}^d$  we define

$$U_k(x) = M_k(\chi_E u_k)(x)$$

$$V_k(x) = M_k(\chi_E v_k)(x)$$

$$\text{Then} \quad \exp \left( \frac{\lambda_{k-1}}{2} (f_{n_k} - f_{n_{k-1}}) \right) = \frac{U_k}{V_k} w_k, \quad k = 1, 2, \dots$$

$$\text{and} \quad \exp \left( \frac{\lambda_0}{2} f_0 \right) = \frac{U_0}{V_0} w_0$$

$$\text{where} \quad w_k(x) = \frac{u_k}{v_k} \frac{m_k(v_k)(x)}{m_k(u_k)(x)} \quad \forall k \geq 0, \forall x \in E$$

Hence,

$$f_{n_k} - f_{n_{k-1}} = \frac{4}{\lambda_{k-1}} \log \left( \frac{U_k}{V_k} \right)^{\frac{1}{2}} + \frac{2}{\lambda_{k-1}} \log w_k$$

$$\text{and } f_0 = \frac{4}{\lambda_0} \log \left( \frac{U_0}{V_0} \right)^{\frac{1}{2}} + \frac{2}{\lambda_0} \log w_0 \quad \text{a.e. on } E.$$

Now lemma 2.1 (2) implies  $\exists C > 0$  such that

$$M_k(U_k^{\frac{1}{2}}) \leq C U_k^{\frac{1}{2}} \quad \text{and} \quad M_k(V_k^{\frac{1}{2}}) \leq C V_k^{\frac{1}{2}}$$

and so by Proposition 2.1 (ii),  $\left( \frac{U_k}{V_k} \right)^{\frac{1}{2}} \in A_2(E, \mathfrak{S}')$ .

Then, as in Proposition 2.1 (iii), we conclude that

$$\sup_{Q \in \mathfrak{S}_k} \frac{1}{|Q|} \int_Q \left| \log \left( \frac{U_k}{V_k} \right) - \left( \log \left( \frac{U_k}{V_k} \right) \right)_Q \right| \leq C$$

In particular since  $U_k, V_k$  are constant on dyadic cubes of length  $2^{-n_k}$ , we have

$\log(U_k/V_k) \in \text{dyadic-}VMO$ .

*Claim* : For each  $k \geq 0$   $w_k$  is the restriction to  $E$  of a function  $W_k$  where  $\log W_k \in \text{dyadic-}VMO$ .

*Proof* : For each  $x \in E$  let  $Q_k(x)$  denote the dyadic cube of length  $2^{-n_k}$  containing  $x$ . If  $|Q_k(x) \cap E| > 0$ , then

$$u_k(x) \leq \frac{|Q_k(x)|}{|Q_k(x) \cap E|} m_k(u_k)(x)$$

and

$$v_k(x) \leq \frac{|Q_k(x)|}{|Q_k(x) \cap E|} m_k(v_k)(x)$$

and hence

$$|\log w_k(x)| \leq \log C + \log \frac{|Q_k(x)|}{|Q_k(x) \cap E|}$$

Now lemma 2.2 implies  $\exists \widetilde{H}_k(x) \in VMO(Q_k(x))$  satisfying

- (i)  $|\log w_k(x) - \widetilde{H}_k(x)| \leq C$
- (ii)  $\sup_{\ell(Q) \geq \ell(Q_k)} \frac{1}{|Q|} \int_Q \widetilde{H}_k(x) dt \leq C_0$

We now define 
$$H_k(x) = \begin{cases} \widetilde{H}_k & \text{if } |Q_k(x) \cap E| \neq 0 \\ 0 & \text{otherwise.} \end{cases}$$

It is easy to check  $H_k \in \text{dyadic-}VMO$  with  $\|H_k\|_* \leq C_0$  and  $|\log w_k(x) - H_k(x)| \leq C, \forall x \in E$ . This implies  $\exists R_k(x) \in L_\infty(\mathbf{R}^d)$  with  $\|R_k\|_\infty \leq C_0$  and which is constant on dyadic cubes of length  $2^{-n_k}$  and satisfies  $R_k(x) = \log w_k(x) - H_k(x)$  a.e. on  $E$ . In particular,  $R_k \in \text{dyadic-}VMO$  with  $\|R_k\|_* \leq C_0, \forall k$ . Since  $H_k$  is supported on finitely many cubes in  $D_{n_k}$  the function  $W_k = \exp(R_k + H_k)$  satisfies  $\log W_k \in \text{dyadic-}VMO, \|\log W_k\|_* \leq C_0$  and  $W_k \chi_E = w_k$  a.e. and the claim now follows.

Now define

$$F = \sum_{k \geq 0} \frac{2}{\lambda_{k-1}} (G_k + R_k + H_k) \tag{3.4}$$

where  $G_k = 2 \log (U_k/V_k)^{\frac{1}{2}}$  and by  $\lambda_{-1}$  we mean  $\lambda_0$ . Since  $G_k + R_k + H_k \in \text{dyadic-}VMO$  with  $\|G_k + R_k + H_k\|_* \leq C_0$  and since  $\sum_{k \geq 0} \frac{1}{\lambda_{k-1}} < \infty$ , it follows that  $F \in \text{dyadic-}VMO$  and  $\|F\|_* \leq C_0$

Furthermore

$$\begin{aligned} \sum_{k=0}^{\infty} \frac{2}{\lambda_{k-1}} (G_k + R_k + H_k) \chi_E &= \sum_{k \geq 0} (f_{n_{k+1}} - f_{n_k}) + f_0 \\ &= f \quad \text{a.e. on } E. \end{aligned}$$

Hence  $F$  is a dyadic- $VMO$  extension of  $f$ .

Part (ii): Extension to non-dyadic  $VMO$ .

Let  $Q_0$  denote the unit cube in  $\mathbf{R}^d$ . If  $\alpha \in Q_0$  and  $Q$  is any cube we define

$$\begin{aligned} Q^{(\alpha)} &= \{x + \alpha : x \in Q\} & \mathfrak{S}_n^{(\alpha)} &= \{Q^{(\alpha)} : Q \in \mathfrak{S}_n\}, \\ D_n^{(\alpha)} &= \{Q^{(\alpha)} : Q \in D_n\}, & D^{(\alpha)} &= \bigcup D_n^{(\alpha)} \end{aligned}$$

The proof of part (i) above applied to each net of dyadic cubes  $D^{(\alpha)}$  establishes the following :

$\forall k \geq 0, \forall \alpha \in Q_0, \exists$  functions  $G_k^{(\alpha)}, H_k^{(\alpha)}$  such that

1)  $G_k^{(\alpha)}(x - \alpha)$  as a function of  $x$  belongs to dyadic- $VMO$ ,  $\|G_k^{(\alpha)}\|_* \leq C_0$  and  $G_k^{(\alpha)}$  is constant on cubes  $Q^{(\alpha)} \in D_{n_k}^{(\alpha)}$ . (We can assume that the bounded functions  $R_k^{(\alpha)}$  are included in the  $G_k^{(\alpha)}$ .)

2) On each  $Q_k^{(\alpha)} \in D_{n_k}^{(\alpha)}$ ,  $|Q_k^{(\alpha)} \cap E| > 0$ ,

$$H_k^{(\alpha)} = \min \left( \sum_{j \geq 1} \frac{a_{j,k}^{(\alpha)}}{2^j}, \beta^{(\alpha)} \right) \quad \text{where} \quad a_{j,k}^{(\alpha)} = \sum_{i=1}^{\beta_j^{(\alpha)}} \sum_{G_i^{(j,\alpha)}} b_{l,i} \quad \text{and,}$$

$$\beta_j^{(\alpha)} = 2^j \beta^{(\alpha)}, \quad \beta^{(\alpha)} \leq \left[ \frac{1}{2d} \log \frac{|Q_k^{(\alpha)}|}{|Q_k^{(\alpha)} \cap E|} \right]$$

3) If  $|Q_k^{(\alpha)} \cap E| = 0$  then  $H_k^{(\alpha)} = 0$  and in this case we set  $a_{j,k}^{(\alpha)} = \beta^{(\alpha)} = 0$ .

4) If we define

$$F^{(\alpha)} = \sum_{k \geq 0} \frac{1}{\lambda_{k-1}} \left( G_k^{(\alpha)} + H_k^{(\alpha)} \right)$$

then  $F^{(\alpha)}(x - \alpha) \in \text{dyadic } -VMO$  and  $F^{(\alpha)} \chi_E = f$  a.e. on  $E$ .

We now define  $\forall k \geq 0, j \geq 1$

$$G_k(x) = \int_{\alpha \in Q_0} G_k^{(\alpha)}(x) d\alpha, \quad a_{j,k}(x) = \int_{\alpha \in Q_0} a_{j,k}^{(\alpha)}(x) d\alpha,$$

$$\beta_j = \int_{\alpha \in Q_0} \beta_j^{(\alpha)} d\alpha, \quad \text{and} \quad H_k = \min \left( \sum_{j \geq 1} \frac{a_{j,k}}{2^j}, \beta_k \right)$$

**Lemma 3.2**

For all  $k \geq 0$ ,  $H_k \in VMO$ ,  $\|H_k\|_* \leq C_0$  and

$$H_k(x) = \int_{\alpha \in Q_0} H_k^{(\alpha)}(x) d\alpha \quad \text{a.e. on } E.$$

**Proof** The last statement in the lemma follows from the fact that  $\forall \alpha \in Q_0$ ,

$$H_k^{(\alpha)}(x) = \beta_k^{(\alpha)} \leq \sum_{j \geq 1} \frac{a_{j,k}^{(\alpha)}}{2^j} \quad \text{a.e. on } E$$

and so

$$\int_{\alpha \in Q_0} H_k^{(\alpha)}(x) d\alpha = \int_{\alpha \in Q_0} \beta_k^{(\alpha)} d\alpha = \beta_k \leq \sum_{j \geq 1} \frac{a_{j,k}}{2^j}$$

To show  $H_k(x) \in VMO$ , it suffices to show each  $a_{j,k} \in VMO$ ,  $\|a_{j,k}\|_* \leq C_0$ .

Fix  $k \geq 0$ ,  $j \geq 1$  and let  $\epsilon > 0$ . For each  $\alpha \in Q_0$ ,  $a_{j,k}^{(\alpha)}(x - \alpha)$ , as a function of  $x$ , belongs to dyadic- $VMO$  with  $\|a_{j,k}^{(\alpha)}(x - \alpha)\|_{*,dyadic} \leq C_0$  and furthermore on each cube  $Q_{n_k}^{(\alpha)} \in D_{n_k}^{(\alpha)}$ ,  $a_{j,k}^{(\alpha)} \in VMO(Q_{n_k}^{(\alpha)})$ . Hence  $\exists n_\alpha \in \mathbf{N}$  such that whenever  $Q \subseteq Q_{n_k}^{(\alpha)}$  and  $\ell(Q) < 2^{-n_\alpha}$ , we have

$$\frac{1}{|Q|} \int_Q |a_{j,k}^{(\alpha)} - (a_{j,k}^{(\alpha)})_Q| < \epsilon$$

Choose  $N_1 \in \mathbf{N}$  so that the set

$$S_0 = \left\{ \alpha \in Q_0 : \frac{1}{|Q|} \int_Q |a_{j,k}^{(\alpha)} - (a_{j,k}^{(\alpha)})_Q| < \epsilon \text{ whenever } Q \subseteq Q_{n_k}^{(\alpha)} \text{ and } \ell(Q) \leq 2^{-N_1} \right\}$$

has measure  $\geq (1 - \epsilon)$ .



Choose  $N_2$  so that  $N_2 2^{(n_k - N_2)d} < \epsilon$  and let  $N \geq \max(N_1, N_2)$ . Let  $Q$  be any cube with  $2^{-(N+1)} \leq \ell(Q) < 2^{-N}$  and write

$$\bar{a}_{j,k}^{(\alpha)} = \sum_{i=1}^{\beta_j^{(\alpha)}} \sum_{\substack{Q_i^{(j,\alpha)} \\ \ell(Q_i) \geq \ell(Q)}} b_{l,i}$$

Then

$$\frac{1}{|Q|} \int_Q |a_{j,k}^{(\alpha)} - \bar{a}_{j,k}^{(\alpha)}| \leq C_0 \quad \text{and} \quad |\bar{a}_{j,k}^{(\alpha)}(x)| \leq \log \frac{1}{\ell(Q)} \leq C.N, \quad \forall x \in \mathbf{R}^d.$$

Let  $S_1 = \{\alpha \in Q_0 : |Q \cap Q_{n_k}^{(\alpha)}| < |Q|, \forall Q_{n_k}^{(\alpha)} \in D_{n_k}^{(\alpha)}\}$  and note that  $|S_1| \leq C|Q|2^{n_k d}$ . Hence

$$\begin{aligned} \int_{S_1} \left( \frac{1}{|Q|} \int_Q |a_{j,k}^{(\alpha)} - (a_{j,k})_Q| dt \right) d\alpha &\leq |S_1|(C.N + C_0) \\ &\leq C|Q|2^{n_k d} \leq C.N.2^{-Nd}2^{n_k d} \\ &\leq C\epsilon. \end{aligned}$$

Now

$$\begin{aligned} \int_{Q_0 \setminus (S_0 \cup S_1)} \left( \frac{1}{|Q|} \int_Q |a_{j,k}^{(\alpha)} - (a_{j,k})_Q| dt \right) d\alpha &\leq \\ &\leq 2 \int_{Q_0 \setminus (S_0 \cup S_1)} \left( \frac{1}{|Q|} \int_Q |a_{j,k}^{(\alpha)} - \bar{a}_{j,k}^{(\alpha)}| dt + \frac{1}{|Q|} \int_Q |\bar{a}_{j,k}^{(\alpha)} - (a_{j,k})_Q| dt \right) d\alpha \\ &\leq C|Q_0 \setminus (S_0 \cup S_1)| \leq C\epsilon. \end{aligned}$$

Also

$$\int_{S_0} \left( \frac{1}{|Q|} \int_Q |a_{j,k}^{(\alpha)} - (a_{j,k})_Q| dt \right) d\alpha \leq C|S_0|\epsilon \leq C\epsilon$$

and hence

$$\frac{1}{|Q|} \int_Q |a_{j,k} - (a_{j,k})_Q| < C \epsilon \quad \text{whenever} \quad \ell(Q) < 2^{-N}$$

and it follows then that  $a_{j,k} \in VMO$ ,  $\|a_{j,k}\|_* \leq C_0$  and this completes the the proof of the lemma.

**Lemma 3.3**

Given  $n$  let  $Q$  be a cube of length  $\leq 2^{-n}$  and let  $k$  be such that  $n_k \leq n < n_{k+1}$ .

Then for all  $x, y \in Q$

$$(1) |G_j(x) - G_j(y)| \leq |x - y|2^{n_j}, \quad \forall 0 \leq j \leq k.$$

$$(2) \frac{1}{|Q|} \int_Q |G_{k+1} - (G_{k+1})_Q| \leq C (n - n_k) 2^{(n_k - n)} + C$$

$$(3) \forall j > k + 1, \quad \frac{1}{|Q|} \int_Q |G_j - (G_j)_Q| \leq C.$$

We first note that lemma 3.3 implies that the function  $\sum_{j \geq 0} \frac{G_j}{\lambda_{j-1}} \in BMO(\tilde{\rho})$ .

Indeed, given  $Q$  as in the statement of the lemma, we have from (3) that

$$\begin{aligned} \frac{1}{|Q|} \int_Q \left| \sum_{j \geq k+1} \frac{G_j}{\lambda_{j-1}} - \left( \sum_{j \geq k+1} \frac{G_j}{\lambda_{j-1}} \right)_Q \right| &\leq \sum_{j \geq k+1} \frac{1}{|Q|} \int_Q \frac{|G_j - (G_j)_Q|}{\lambda_{j-1}} \\ &\leq C \sum_{j \geq k+1} \rho(2^{-n_{j-1}}) \leq C \sum_{j \geq k} \rho(2^{-n_j}) \\ &\leq C \rho(2^{-n_{k+1}}) \\ &\leq C \rho(2^{-n}) \end{aligned}$$

(1) and (2) imply,

$$\begin{aligned}
& \sum_{j=0}^k \frac{1}{|Q|} \int_Q \frac{|G_j - (G_j)_Q|}{\lambda_{j-1}} + \frac{1}{|Q|} \int_Q \frac{|G_{k+1} - (G_{k+1})_Q|}{\lambda_k} \\
& \leq C|x - y| \sum_{j=0}^k \rho(2^{-n_{j-1}}) 2^{n_j} + C(n - n_k) 2^{(n_k - n)} \rho(2^{-n_k}) + C\rho(2^{-n_k}) \\
& \leq C2^{-n} \sum_{j=0}^k \rho(2^{-n_{j-1}}) (2^{n_j} - 2^{n_{j-1}}) + C2^{n_k - n} (n - n_k) \rho(2^{-n}) + C\rho(2^{-n}) \\
& \leq C2^{-n} \sum_{j=0}^k \rho(2^{-n_{j-1}}) \int_{2^{-n_j}}^{2^{-n_{j-1}}} \frac{1}{t^2} dt + 2^{(n_k - n)} \int_{2^{-n}}^{2^{-n_k}} \frac{\rho(t)}{t} dt + C\rho(2^{-n}) \\
& \leq C2^{-n} \left( \sum_{j=0}^k \int_{2^{-n_j}}^{2^{-n_{j-1}}} \frac{\rho(t)}{t^2} dt + \int_{2^{-n}}^{2^{-n_k}} \frac{\rho(t)}{t^2} dt \right) + C\rho(2^{-n}) \\
& \leq C2^{-n} \int_{2^{-n}}^1 \frac{\rho(t)}{t^2} dt + C\rho(2^{-n}) \\
& \leq C\tilde{\rho}(2^{-n}) + C\rho(2^{-n}) \\
& \leq C\tilde{\rho}(2^{-n})
\end{aligned}$$

### Proof of Lemma 3.3

(1) Fix  $x, y \in Q$  and for  $0 \leq j \leq k$ , let

$$A_j = \{ \alpha \in Q_0 : \exists Q^{(\alpha)} \in D_{n_j}^{(\alpha)} \text{ with } x, y \in Q^{(\alpha)} \} \quad \text{and note that}$$

$$|A_j^c| \leq C2^{n_j} |x - y|.$$

*Claim* : If  $\alpha \in A_{j-1} \cap A_{j-1}^c$  then  $|G_j^{(\alpha)}(x) - G_j^{(\alpha)}(y)| \leq C_0$

*Proof* : Without loss of generality take  $\alpha = 0$ . Recall  $G_j(x) = \log \frac{M_j(\chi_E u_j)}{M_j(\chi_E v_j)}$ , and whenever  $Q \in \mathfrak{F}_j$  contains  $x$ ,  $\exists Q' \in \mathfrak{F}_j$  containing  $x$  and  $y$  with  $|Q'| \leq C|Q|$ . This

implies

$$M_j(\chi_E u_j)(x) \leq C M_j(\chi_E u_j)(y) \quad \text{and hence} \quad |G_j(x) - G_j(y)| \leq C_0.$$

$$\text{Claim : If } \alpha \in A_{j-1}^c \quad \text{then} \quad |G_j^{(\alpha)}(x) - G_j^{(\alpha)}(y)| \leq C(n_j - n_{j-1})$$

*Proof* : Again we can assume  $\alpha = 0$ . Since  $|x - y| < 2^{-n_j}$  whenever  $Q \in \mathfrak{F}_j$  contains  $x$ ,  $\exists Q' \in \mathfrak{F}_j$  containing both  $x$  and  $y$  and which satisfies

$$\ell(Q') < \ell(Q) + 2^{-n_{j-1}} \leq \ell(Q)(1 + C2^{n_j - n_{j-1}})$$

From this it follows that

$$M_j(\chi_E u_j)(x) \leq (1 + C2^{n_j - n_{j-1}}) M_j(\chi_E u_j)(y)$$

and hence

$$\log M_j(\chi_E u_j)(x) \leq C(n_j - n_{j-1}) + \log M_j(\chi_E u_j)(y)$$

Similarly

$$\log M_j(\chi_E v_j)(x) \leq C(n_j - n_{j-1}) + \log M_j(\chi_E v_j)(y)$$

and hence  $|G_j(x) - G_j(y)| \leq C(n_j - n_{j-1})$ .

Now fix  $j$ ,  $0 \leq j \leq k$ , and fix  $x, y \in Q$ . If  $i \geq j$  and  $\alpha \in A_i$  then  $|G_j^{(\alpha)}(x) - G_j^{(\alpha)}(y)| = 0$

This implies

$$\begin{aligned} |G_j(x) - G_j(y)| &\leq \int_{\alpha \in A_j^c \cap A_{j-1}} |G_j^{(\alpha)}(x) - G_j^{(\alpha)}(y)| + \int_{\alpha \in A_{j-1}^c} |G_j^{(\alpha)}(x) - G_j^{(\alpha)}(y)| \\ &\leq C(n_j - n_{j-1})|A_{j-1}^c| + C|A_j^c \cap A_{j-1}| \\ &\leq C|x - y|(n_j - n_{j-1})2^{n_{j-1}} + C|x - y|2^{n_j} \\ &\leq C|x - y|2^{n_j} \quad \text{and this proves (1).} \end{aligned}$$

Proof of (2): Let  $B_k = \{\alpha \in Q_0 : \exists Q^{(\alpha)} \in D_{n_k}^{(\alpha)} \text{ with } Q \subseteq Q^{(\alpha)}\}$  and note that  $|B_k^c| \leq C 2^{(n_k - n)}$

*Claim :* If  $\alpha \in B_k$  then  $\frac{1}{|Q|} \int_Q |G_{k+1}^{(\alpha)} - (G_{k+1}^{(\alpha)})_Q| \leq C$ .

*Proof :*  $\exists Q' \in \mathfrak{S}_{k+1}^{(\alpha)}$  containing  $Q$  and such that  $|Q'| \leq C|Q|$ . Furthermore there exists  $a_{Q'} \in \mathbf{R}^d$  such that

$$\frac{1}{|Q'|} \int_{Q'} |G_{k+1}^{(\alpha)} - a_{Q'}| \leq C$$

This implies

$$\frac{1}{|Q|} \int_Q |G_{k+1}^{(\alpha)} - a_{Q'}| \leq \frac{C}{|Q'|} \int_{Q'} |G_{k+1}^{(\alpha)} - a_{Q'}| \leq C$$

and the claim now follows.

*Claim :* If  $\alpha \in B_k^c$  then

$$\frac{1}{|Q|} \int_Q |G_{k+1}^{(\alpha)} - (G_{k+1}^{(\alpha)})_Q| \leq C(n - n_k) + C_1.$$

*Proof :* Without loss of generality we may assume  $\alpha = 0$ .

Recall,

$$M_{k+1}(U_{k+1}^{\frac{1}{2}})(x) \leq C U_{k+1}^{\frac{1}{2}}(x) \quad \text{where} \quad U_{k+1}^{\frac{1}{2}} = M_{k+1}(\chi_E U_{k+1}^{\frac{1}{2}})(x)$$

Now if  $Q' \in \mathfrak{S}_{k+1}^{(0)}$  is that cube of length  $2^{-n_k}$  containing  $Q$ , then

$$\begin{aligned} \frac{1}{|Q|} \int_Q U_{k+1}^{\frac{1}{2}} dt &\leq \frac{|Q'|}{|Q|} \left( \frac{1}{|Q'|} \int_{Q'} U_{k+1}^{\frac{1}{2}} dt \right) \\ &\leq C 2^{(n - n_k)d} M_{k+1}(U_{k+1}^{\frac{1}{2}})(x), \\ &\leq C 2^{(n - n_k)d} U_{k+1}^{\frac{1}{2}}(x), \quad \forall x \in Q' \end{aligned}$$

This implies

$$\begin{aligned} \frac{1}{|Q|} \int_Q (\log U_{k+1}^{\frac{1}{2}}) dt &\leq \inf_{x \in Q} (\log U_{k+1}^{\frac{1}{2}}(x)) C (n - n_k) + c_1 \\ \Rightarrow \frac{1}{|Q|} \int_Q \left| \frac{1}{|Q|} \int_Q \log U_{k+1}^{\frac{1}{2}} dt - \log U_{k+1}^{\frac{1}{2}}(x) \right| dx &\leq C (n - n_k) + c_1 \end{aligned}$$

and similarly for  $\log V_{k+1}^{\frac{1}{2}}$  and this establishes the claim.

Now

$$\begin{aligned} \int_{\alpha \in Q_0} \frac{1}{|Q|} \int_Q |G_{k+1}^{(\alpha)} - (G_{k+1}^{(\alpha)})_Q| d\alpha &\leq \int_{\alpha \in B_k} \frac{1}{|Q|} \int_Q |G_{k+1}^{(\alpha)} - (G_{k+1}^{(\alpha)})_Q| d\alpha \\ &\quad + \int_{\alpha \in B_k^c} \frac{1}{|Q|} \int_Q |G_{k+1}^{(\alpha)} - (G_{k+1}^{(\alpha)})_Q| d\alpha \\ &\leq C |B_k| + C |B_k^c| (1 + (n - n_k)) \\ &\leq C + C 2^{(n_k - n)} (n - n_k) \end{aligned}$$

and this proves (2) .

Proof of (3) :

Fix  $j > k + 1, \alpha \in Q_0$ . Then  $\exists Q_1 \in \mathfrak{S}_j^{(\alpha)}$  and  $a_{Q_1} \in \mathbf{R}^d$  such that

$$\frac{1}{|Q_1|} \int_{Q_1} |G_j^{(\alpha)} - a_{Q_1}| \leq C \quad \text{and} \quad Q \subseteq Q_1, \quad |Q_1| \leq C |Q|$$

This implies

$$\frac{1}{|Q|} \int_Q |G_j^{(\alpha)} - a_{Q_1}| \leq C$$

and hence (3) follows.

This completes the proof of lemma 3.3 and theorem I.

A consequence of theorem I which has useful applications is the following corollary:

**Corollary 3.1**

Let  $E_1, E_2$  be measurable subsets of the unit cube in  $\mathbf{R}^d$  and suppose there exists an increasing sequence of positive numbers  $\{\lambda_n\}_{n=0}^{\infty}$  with  $\lambda_n \rightarrow \infty$  such that for each  $n \in \mathbf{N}$  and for each cube  $Q$  with  $\ell(Q) \leq 2^{-n}$  we have

$$\min\left(\frac{|Q \cap E_1|}{|Q|}, \frac{|Q \cap E_2|}{|Q|}\right) < 2^{-\lambda_n}.$$

Then there exists  $F \in VMO$ ,  $\|F\|_* \leq C_{\lambda_0}$  with  $F = 0$  on  $E_1$  and  $F = 1$  on  $E_2$ .

**Proof** Set  $E = E_1 \cup E_2$  in theorem I and define

$$f(x) = \begin{cases} 0 & \text{if } x \in E_1 \\ 1 & \text{if } x \in E_2 \end{cases}$$

and

$$a_Q = \begin{cases} 1 & \text{if } \log \frac{|Q|}{|Q \cap E|} \geq \lambda_{[\log 1/\ell(Q)]+1} \\ 0 & \text{otherwise.} \end{cases}$$

#### 4. Extension to $BMO(\rho)$ .

##### 4.1 Proof of Theorem II

The first part of the proof of (2) $\Rightarrow$ (1) in theorem I establishes the existence of a dyadic- $VMO$  extension  $F$  of  $f$  which can be written in the following form :

$$F^{(0)} = \sum_{k \geq 0} \frac{1}{\lambda_{k-1}} \left( G_k^{(0)} + H_k^{(0)} \right)$$

where  $\frac{1}{\lambda_k} \leq C \rho(2^{-n_k})$  and  $G_k^{(0)}, H_k^{(0)} \in \text{dyadic-}VMO$ . The functions  $G_k^{(0)}$  are constant on dyadic cubes of length  $2^{-n_k}$ . The functions  $H_k^{(0)}$  were obtained from lemma 2.2 from which it is clear that for each  $k$ ,  $\sup_{\ell(Q) \leq t} \frac{1}{|Q|} \int_Q |H_k^{(0)} - (H_k^{(0)})_Q|$  as a function of  $t$ , depends only on the geometry of the set  $E$ . The hypothesis (3) in theorem II below provides a sufficient condition for the function  $\sum_{k \geq 0} \frac{H_k}{\lambda_{k-1}}$  constructed in the proof of theorem I to be in  $BMO(\tilde{\rho})$  for some specified growth function  $\rho$ .

##### Theorem II

Let  $E$  be a bounded measurable subset of  $\mathbf{R}^d$ . Let  $f$  be a locally integrable function defined on  $E$  and define  $\mu_n(f)$  as in Theorem I. If  $\rho$  is a growth function satisfying :

$$(1) \mu_n(f) \leq C \rho(2^{-n}), \quad \forall n \in \mathbf{Z}$$

$$(2) \inf_{t > 0} \rho(t) |\log t| > 0$$

$$(3) \exists \lambda > 1 \text{ such that for all } m \in \mathbf{Z} \text{ and for all cubes } Q, \ell(Q) \leq 2^{-m} \text{ with}$$

$0 < |Q \cap E| < |Q|/\lambda$  we have

$$\inf_{n > m} \rho(2^{-n}) \left| \log \left| \{x \in Q \cap E : \sup_{\substack{x \in Q' \\ \ell(Q') \leq 2^{-n}}} \frac{|Q'|}{|Q' \cap E|} > \lambda \} \right| \right| \geq \rho(2^{-m}) \left| \log \frac{|Q \cap E|}{|Q|} \right|$$



then  $f$  is the restriction to  $E$  of a function in  $BMO(\tilde{\rho})$ . In particular, if  $\rho$  is regular then  $f$  is the restriction to  $E$  of a function in  $BMO(\rho)$ .

**Proof** Without loss of generality we will assume  $E$  is contained in the unit cube  $Q_0$  in  $\mathbf{R}^d$ . It follows from theorem 1.1 that (1) is a necessary condition for  $f$  to be the restriction to  $E$  of a function in  $BMO(\rho)$ . We also note that (1) is a sufficient condition for the function  $G = \sum_{k \geq 0} \frac{G_k}{\lambda_{k-1}}$  to belong to  $BMO(\tilde{\rho})$ .

Fix  $\alpha \in Q_0, k \in \mathbf{N}$  and let  $Q_k \in D_{n_k}^{(\alpha)}$ . If  $|Q_k \cap E| \geq |Q_k|/\lambda$  then  $H_k^{(\alpha)}$  will satisfy  $\|H_k^{(\alpha)}\|_* \leq C \log \lambda$  on  $Q_k$ . We assume then that  $0 < |Q_k \cap E| < |Q_k|/\lambda$  and for each  $n > m$  we define

$$\delta_n(x) = \sup_{\substack{x \in Q \\ \ell(Q) \leq 2^{-n}}} \frac{|Q|}{|Q \cap E|} \quad \text{and} \quad E_n = \{x \in E : \delta_n(x) > \lambda\}$$

Let  $\{Q_i\}$  be the maximal dyadic subcubes of  $Q_k$  with respect to the property  $|Q_i \cap E| > |Q_i|/\lambda$  and note that if  $x \in Q_i \cap E$  for some  $i$ , then  $x \in E_j$  for all  $n_k \leq j \leq (\log 1/\ell(Q_i)) - 1$ . This implies

$$\begin{aligned} \sum_{\ell(Q_i) < 2^{-n}} |Q_i| &\leq \lambda \sum_{\ell(Q_i) < 2^{-n}} |Q_i \cap E| \\ &\leq \lambda |E_n| \\ &\leq \frac{|Q_k|}{|Q_k \cap E|} 2^{-\left(\frac{\rho(2^{-n_k})}{\rho(2^{-n})} \log \frac{|Q_k|}{|Q_k \cap E|}\right)} \\ &\leq 4^{-cd} \left(\frac{\rho(2^{-n_k})}{\rho(2^{-n})} \log \frac{|Q_k|}{|Q_k \cap E|}\right) \end{aligned}$$

and hence

$$\sum \{ |Q_i| : 2^{-n_{j+k+1}} \leq \ell(Q_i) < 2^{-n_{j+k}} \} \leq 4^{-cd} \left(2^j \log \frac{|Q_k|}{|Q_k \cap E|}\right)$$

As in the proof of lemma 2.2 , we can find  $C^\infty$  functions  $\{a_{j,k}^{(\alpha)}\}$  which can be written

as  $a_{j,k}^{(\alpha)} = \sum_{i=1}^{\beta_j^{(\alpha)}} \sum_{G_i^{(j,\alpha)}} b_{l,i}$  where each  $b_{l,i}$  is adapted to cubes of length  $\geq 2^{-n_{k+j+1}}$ .

We then define

$$H_k^{(\alpha)} = \sum_{j \geq 1} \frac{a_{j,k}^{(\alpha)}}{2^j} \quad (4.1)$$

If  $|Q_k \cap E| = 0$  then we define  $H_k^{(\alpha)} = a_{j,k}^{(\alpha)} = 0$ . If  $|Q_k \cap E| > |Q_k|/\lambda$ , then we may choose the  $a_{j,k}^{(\alpha)}$  to be constant and bounded and so that  $H_k^{(\alpha)}$  is given by (4.1) .

We note then that in all cases there exists a constant  $C_\lambda$ , depending only on  $\lambda$ , such that  $|a_{j,k}^{(\alpha)}| \leq C_\lambda (n_{k+j+1} - n_k)$ . As in the proof of theorem I, we set

$$H_k(x) = \int_{\alpha \in Q_0} H_k^{(\alpha)}(x) d\alpha$$

and

$$H(x) = \sum_{k \geq 0} \frac{1}{\lambda_{k-1}} H_k(x), \quad (\lambda_{-1} = \lambda_0)$$

It remains to show  $H \in BMO(\tilde{\rho})$ . Let  $Q$  be any cube with  $2^{-n_{N+1}} \leq \ell(Q) < 2^{-n_N}$

and let

$$H_1 = \sum_{k=0}^N \frac{1}{\lambda_{k-1}} \sum_{j=1}^{N-k-1} \left( \frac{a_{j,k}}{2^j} \right) \quad \text{where} \quad a_{j,k} = \int_{\alpha \in Q_0} a_{j,k}^{(\alpha)} d\alpha$$

and define  $H_2 = H - H_1$ . Lemma 2.2 (2) implies

$$\begin{aligned} \frac{1}{|Q|} \int_Q H_2 dt &\leq \frac{C}{2^{N+1}} \\ &\leq C \rho (2^{-n_N}) \\ &\leq C \tilde{\rho} (2^{-n_N}) \end{aligned} \quad (4.2)$$

and so  $H_2 \in BMO(\tilde{\rho})$ .

$$\text{If} \quad S = \left\{ \alpha \in Q_0 : Q \subseteq Q_k \in D_{n_k}^{(\alpha)} \right\}$$

then by the remark after lemma 2.2,

$$\frac{1}{|Q|} \int_Q |a_{j,k}^{(\alpha)} - (a_{j,k})_Q| dt \leq C 2^{n_{k+j+1}-n_N} \quad \text{for all } \alpha \in S$$

If  $\alpha \notin S$ , then

$$\sup_{x,y \in Q} |a_{j,k}^{(\alpha)}(x) - a_{j,k}^{(\alpha)}(y)| \leq C_\lambda (n_{k+j+1} - n_k)$$

Hence,

$$\begin{aligned} \frac{1}{|Q|} \int_Q |a_{j,k}^{(\alpha)} - (a_{j,k})_Q| dt &\leq C 2^{n_{k+j+1}-n_N} + C_\lambda (n_{k+j+1} - n_k) |S| \\ &\leq C 2^{n_{k+j+1}-n_N} + C_\lambda (n_{k+j+1} - n_k) 2^{n_k - n_N} \\ &\leq C_\lambda 2^{n_{k+j+1}-n_N} \end{aligned}$$

This implies

$$\begin{aligned} \frac{1}{|Q|} \int_Q |H_1 - (H_1)_Q| dt &\leq C \sum_{k=0}^N \frac{1}{2^k} \sum_{j=1}^{N-k-1} \frac{1}{2^j} \left( \frac{1}{|Q|} \int_Q |a_{j,k}^{(\alpha)} - (a_{j,k})_Q| dt \right) \\ &\leq C_\lambda \sum_{k=0}^N \frac{1}{2^k} \sum_{j=1}^{N-k-1} \frac{1}{2^j} (2^{n_{k+j+1}-n_N}) \\ &\leq C_\lambda \sum_{k=0}^N \frac{1}{2^k} \sum_{j=1}^{N-k-1} \frac{1}{2^k} (\rho(2^{-n_j}) - \rho(2^{-n_{j+1}})) 2^{n_{k+j+1}-n_N} \\ &\leq C_\lambda \sum_{k=0}^N \frac{2^{-n_N}}{2^k} \left( \sum_{j=1}^{N-k-1} \rho(2^{-n_j}) (2^{n_{k+j+1}} - 2^{n_{k+j}}) \right) \\ &\leq C_\lambda \sum_{k=0}^N \frac{2^{-n_N}}{2^k} \left( \sum_{j=1}^{N-k-1} \int_{2^{-n_{k+j+1}}}^{2^{-n_{k+j}}} \frac{\rho(t)}{t^2} dt \right) \\ &\leq C_\lambda \sum_{k=0}^N \frac{2^{-n_N}}{2^k} \left( \int_{2^{-n_N}}^{2^{-n_k}} \frac{\rho(t)}{t^2} dt \right) \\ &\leq C_\lambda \sum_{k=0}^N \frac{1}{2^k} \left( 2^{-n_N} \int_{2^{-n_N}}^1 \frac{\rho(t)}{t^2} dt \right) \\ &\leq C_\lambda \tilde{\rho}(2^{-n_N}) \end{aligned}$$

Combined with (4.2) we obtain

$$\frac{1}{|Q|} \int_Q |H - (H)_Q| dt \leq C \tilde{\rho}(\ell(Q)).$$

The theorem now follows from the proof of theorem I. ■

#### 4.2 Uniqueness of the $BMO(\rho)$ extension

Corollary 2.1 implies that the  $VMO$  extension is never unique. For  $BMO(\rho)$  we have the following:

##### Theorem 4.1

Let  $E$  be a measurable subset of  $\mathbf{R}^d$  and  $\rho$  a growth function satisfying

$$\limsup_{|Q| \rightarrow 0} \left( \rho(\ell(Q)) \log \frac{|Q|}{|Q \cap E|} \right) = 0 \quad (4.3)$$

Then whenever  $f \in BMO(\rho)$  satisfies  $f \chi_E = 0$  we have  $f = 0$  a.e.

**Proof :** Without loss of generality we may assume  $f \geq 0$ . Suppose there exists  $\epsilon > 0$  such that the set  $E_1 = \{x \in Q : f > \epsilon\}$  has positive measure. For each  $\delta > 0$ , (4.3) implies there exists  $n_\delta$  such that,

$$\frac{|Q \cap E|}{|Q|} > 2^{-\delta/\rho(\ell(Q))}, \quad \forall Q, \quad \ell(Q) \leq 2^{-n}, \quad n \geq n_\delta$$

For any such  $Q$ , theorem 1.1 implies

$$|\{x \in Q : |f - f_Q| > \lambda\}| < C_0 |Q| 2^{-c_1 \lambda/\rho(\ell(Q))}$$

$$\text{and hence} \quad |f_Q| \leq C_0 \delta \quad (4.4)$$

For any  $n$ ,  $\exists Q$ ,  $\ell(Q) \leq 2^{-n}$  such that  $\frac{|Q \cap E_1|}{|Q|} > \frac{1}{2}$  and for any such  $Q$ , we have  $|f_Q| > \frac{\epsilon}{2}$  and this contradicts (4.4) for sufficiently small  $\delta$ .

*Remark :*

1) Whenever  $E$  and  $\rho$  satisfy (4.2), the extension to a  $BMO(\rho)$  function will be linear. However we do not know if the  $BMO$  extension in theorem 2.2 or the  $VMO$  extension are linear.

2) Given  $\rho$ , it is not difficult to find a set  $E$  satisfying (4.2). In the example below we obtain  $E$  as the complement of a Cantor set which is constructed using a variable ratio of dissection.

*Example :*

It suffices to construct  $E$  on the unit interval  $J^{(0)} = [0, 1]$  in  $\mathbf{R}$ . Fix  $N \in \mathbf{N}$ . We can find subintervals  $\{I_j^{(1)}\}$  of  $J^{(0)}$  which are of equal length and satisfy

$$1) \sum |I_j^{(1)}| = 2^{-(N+1)}$$

$$2) J^{(0)} \setminus \{\cup I_j^{(1)}\} \text{ is the union of intervals } \{J_k^{(1)}\} \text{ satisfying } \rho(|J_k^{(1)}|) \leq \left(\frac{1}{N+3}\right)^2.$$

We proceed by induction

Assume  $\{J_k^{(n)}\}$  have been defined. On each  $J_k^{(n)}$  we remove intervals  $I_j^{(n+1)}$  of equal length and satisfying

$$1) \sum |I_j^{(n+1)}| = 2^{-(N+n+2)} |J_k^{(n)}|$$

$$2) J_k^{(n)} \setminus \{\cup I_j^{(n+1)}\} \text{ is the union of intervals in } \{J_k^{(n+1)}\} \text{ satisfying } \rho(|J_k^{(n+1)}|) \leq 1/(N+n+3)^2$$

We define  $E = \bigcup_{j,k} I_j^{(k)}$ . Let  $I$  be an interval and suppose

$$|J_k^{(n+1)}| < |I| \leq |J_k^{(n)}|$$

$$\text{Then } |I \cap E| \geq \frac{|J_k^{(n+1)} \cap E|}{2 |J_k^{(n+1)}|} |I|$$

$$\begin{aligned} &\Rightarrow \log \frac{|I|}{|I \cap E|} \leq N + n + 3 \\ \Rightarrow \rho(|I|) \log \frac{|I|}{|I \cap E|} &\leq \rho(|J_k^{(n)}|) (N + n + 3) \\ &\leq \frac{1}{N + n + 3} \\ &\rightarrow 0 \text{ as } n \rightarrow \infty \end{aligned}$$

### 5. The zeros of analytic $BMO(\rho)$ functions.

The following definitions and notation will be used in the sequel:

$H^\infty(D)$  = bounded analytic functions on the unit disc  $D = \{z : |z| < 1\}$ .

$H^\infty$  = boundary values of functions in  $H^\infty(D)$ .

A sequence  $\{z_j\}_{j=1}^\infty \subseteq D$  is called a Blaschke sequence if  $\sum_{j=1}^\infty (1 - |z_j|) < \infty$

and the corresponding analytic function

$$B(z) = \prod_{j=1}^{\infty} \frac{|z_j|}{z_j} \left( \frac{z - z_j}{1 - \bar{z}_j z} \right)$$

is called a Blaschke product.

For each  $z \in D$  we define

$$I_z = \left\{ e^{i\theta} : |\theta - \arg z| < \frac{1}{2}(1 - |z|) \right\}$$

$$Q_z = \left\{ w : |w| \geq |z|, \frac{w}{|w|} \in I_z \right\}$$

A positive measure  $\mu$  on  $D$  is called a Carleson measure if for each  $z \in D$ ,

$$\mu(Q_z) \leq C_0 |I_z|$$

A Blaschke sequence  $\{z_j\}$  is called an interpolating sequence if for all  $\{\lambda_j\} \in l_\infty \exists F \in H^\infty(D)$  with  $F(z_j) = \lambda_j$ . Carleson's interpolation theorem (see [4] Chapter 7) states that  $\{z_j\}$  is an interpolating sequence if and only if

$$(1) \inf_{j \neq k} \left| \frac{z_j - z_k}{1 - \bar{z}_j z_k} \right| > 0$$

(2)  $\sum (1 - |z_j|) \delta_{z_j}$  is a Carleson measure where  $\delta_z$  denotes the Dirac measure at  $z$ .

We will also need the following characterization of  $BMO(\rho)$  on the unit circle,  $T = \{z : |z| = 1\}$  (see [11])

$f \in BMO(\rho)$  if and only if

$$1) \sup_{|z|>1-\delta} \left( \int_{-\pi}^{\pi} |f - f(z)|^2 dP_z(\theta) \right)^{\frac{1}{2}} \leq C \rho(\delta) \quad (5.1)$$

where

$$dP_z(\theta) = \frac{1}{2\pi} \frac{1 - |z|^2}{|e^{i\theta} - z|^2} d\theta$$

and

$$f(z) = \int_{-\pi}^{\pi} f(e^{i\theta}) dP_z(\theta)$$

or equivalently

$$2) \exists C > 0 \text{ such that } \forall z_0 \in D$$

$$\int_{Q(z_0)} |\nabla f|^2 (1 - |z|^2) dx dy \leq C |I_{z_0}| \rho(|I_{z_0}|). \quad (5.2)$$

The purpose of this section is to establish sufficient conditions for a Blaschke sequence  $\{z_j\}$  to be the zeros of a function in  $H^\infty(D)$  with boundary values in  $BMO(\rho)$ . Wolff [13] has shown that every Blaschke sequence are the zeros of a function in  $H^\infty(D)$  with boundary values in  $VMO \cap L_\infty$  and every subset of the unit circle is the zero set of a function in  $VMO$ . We note that this result follows directly from corollary 2.1 .

The theorem that we will prove is the following :

### Theorem 5.1

Let  $\{z_k\}$  be an interpolating sequence in  $D$  and suppose  $\rho$  is a growth function with  $\rho^2$  regular . If  $\exists C_0 > 0$  such that

$$\inf_{\delta > 0} \frac{\delta^2}{|\log \delta|} \left| \log \sum_{\rho(1-|z_j|) < \delta} (1 - |z_j|) \right| \geq C_0 \quad (5.3)$$

then  $\exists f \in BMO(\rho) \cap H^\infty$  with  $f(z_k) = 0$  for all  $z_k$ .



We note that if  $B$  is a Blaschke product,  $f \in L_1(T)$  and  $f(z) = \int_T f(\theta) dP_z(\theta)$

then

$$\begin{aligned} & \int_T |fB - f(z)B(z)|^2 dP_z(\theta) \\ &= \int_T |f - f(z)|^2 dP_z(\theta) + \left(1 - |B(z)|^2\right) |f(z)|^2 \end{aligned}$$

Hence if  $f \in BMO(\rho)$  and if  $\exists C > 0$  such that  $|z| > 1 - \delta$  implies

$$\left(1 - |B(z)|^2\right) |f(z)|^2 \leq C \rho^2(\delta)$$

then  $Bf \in BMO(\rho)$ . The proof of theorem 5.3 consists of obtaining a  $BMO(\rho)$  function  $f$  satisfying

$$|f(z_k)| \leq C \rho^2(1 - |z_k|) \tag{5.4}$$

and so that the Blaschke product with zeros  $z_k$  is sufficiently near to 1 when  $|f(z)|$  is large.

### Proof of Theorem 5.1

We first show that if  $\{z_k\}$  is a Blaschke sequence satisfying (5.3), then there exists  $f \in BMO(\rho) \cap H^\infty$  satisfying (5.4). Define a sequence  $\{n_k\} \subseteq \mathbf{N}$  by the condition  $\rho(2^{-n}) \leq 2^{-k}\rho(1)$  if and only if  $n \geq n_k$ . Then (5.3) implies

$$\sum \{ |I_{z_j}| : 2^{-n_{k+1}} < |I_{z_j}| \leq 2^{-n_k} \} < 4^{-cdk} 2^{2k}$$

Lemma 2.2 implies there exists  $g_k \in C^\infty$  satisfying

$$g_k \geq C k 2^k \quad \text{on} \quad \bigcup \{ I_{z_j} : 2^{-n_{k+1}} < |I_{z_j}| \leq 2^{-n_k} \}$$

$$\text{and} \quad \|f_k\|_*, \|f_k\|_\rho \leq C_0$$

$$\text{Set} \quad g = \sum_{k \geq 0} \frac{g_k}{2^{2k}}$$

By the remark after lemma 2.2,  $g \in BMO(\rho^2)$  (see also the proof of theorem II ) and,

$$g(t) \geq Ck \quad \text{on} \quad \bigcup \{I_{z_j} : 2^{-n_{k+1}} < |I_{z_j}| \leq 2^{-n_k}\}$$

Define

$$f(z) = \exp(-(g + i\tilde{g}))$$

where  $\tilde{g}$  is the conjugate function of  $g$ . (5.2) implies  $f \in BMO(\rho^2)$  and  $|f(z_j)| \leq C2^{-k}$  whenever  $|z_j| > 1 - 2^{-n_k}$  and this establishes (5.4).

We note that  $f \in BMO(\sigma)$  where

$$\sigma(\delta) = \sup_{\ell(Q) \leq \delta} \frac{1}{|Q|} \int_Q |f - f_Q| \quad \text{satisfies}$$

$$\sigma(t) \leq \rho^2(t), \quad \sigma(2t) \leq 2\sigma(t), \quad \forall t \geq 0$$

It will be convenient to work in the upper half plane  $\mathbf{R}_+^2$  though we shall retain the same notation for  $f$  and  $B$  and note that  $BMO(\rho)$  is conformally invariant.

If  $Q$  is a cube in  $\mathbf{R}_+^2$  of the form  $Q = \{(x, y) : 0 < y < a\}$ , we define the horizontal projection of  $Q$  to be the set

$$Q^* = Q \cap \{(x, 0) : x \in \mathbf{R}\}$$

and the top-half of  $Q$  to be the set

$$T(Q) = \{(x, y) \in Q : y > \frac{1}{2}\ell(Q)\}.$$

If  $z \in \mathbf{R}_+^2$  we set

$$Q_z = \{(x, y) : |x - \operatorname{Re} z| \leq \frac{\operatorname{Im} z}{2}, y \leq \operatorname{Im} z\}$$

and  $I_z = Q_z^*$

*Claim* : If  $\left| \frac{z - z_j}{z - \bar{z}_j} \right| < \frac{1}{6}$  then  $|f(z)| \leq C \sigma(1 - |z|)$ .

*Proof* : It is clear we must have  $|x - x_j| \leq 2y_j$  and  $y \leq 2y_j$ . Furthermore if

$|x - x_j| < \frac{1}{2}y_j$  then  $y \geq \frac{1}{2}y_j$ . This implies

$$\frac{1}{2} |I_z| \leq |I_{z_j}| \leq 2 |I_z|$$

which implies

$$\begin{aligned} |f(z)| &\leq |f(z) - f_{I_z}| + |f_{I_z}| \\ &\leq C \sigma(1 - |z|) + |f_{I_z} - f_{I_{z_j}}| + |f_{I_{z_j}}| \\ &\leq C (\sigma(1 - |z|) + \sigma(1 - |z_j|)) \\ &\leq C \sigma(1 - |z|) \end{aligned}$$

Hence in this case we have

$$\left(1 - |B(z)|^2\right) |f(z)|^2 \leq C \sigma(1 - |z|).$$

Now suppose  $\inf_j \left| \frac{z - z_j}{z - \bar{z}_j} \right| \geq \frac{1}{6}$ .

In this case, the estimate  $|\log t| \leq (1 + 2|\log a|)(1 - t)$  valid for  $a^2 < t < 1$  implies

$$\left(1 - |B(z)|^2\right) \leq C \sum_k \frac{y y_k}{|z - \bar{z}_k|^2}$$

Let  $A_n = \{z_j : |x - z_j| > 2^n y\}$ ,  $n \in \mathbf{Z}$  and choose  $N$  so that  $2^{-N} < \sigma(1 - |z|)$ .

Then,

$$\begin{aligned} \sum_k \frac{y y_k}{|z - \bar{z}_k|^2} &= \sum_{z_k \in A_N^c} \frac{y y_k}{|z - \bar{z}_k|^2} + \sum_{n \geq N+1} \sum_{z_k \in A_{n-1} \setminus A_n} \frac{y y_k}{|z - \bar{z}_k|^2} \\ &= S_1 + S_2, \quad \text{say} \end{aligned}$$

$$\begin{aligned}
 \text{Now } S_2 &\leq \sum_{n \geq N+1} \sum_{z_k \in A_{n-1} \setminus A_n} \frac{y y_k}{2^{2n} y^2} \\
 &\leq C \sum_{n \geq N+1} \left( \frac{2^n}{2^{2n}} \right), \quad \text{since } \{z_k\} \text{ is interpolating} \\
 &\leq C \sigma(1 - |z|)
 \end{aligned}$$

Hence it remains to show  $S_1 |f(z)|^2 \leq C \sigma(1 - |z|)$ .

Let  $R = \{(u, v) : |u - x| \leq 2^p |I|, 0 < v < 2^{p+1} |I|\}$  where  $I = I_z$  and where  $p$  is sufficiently large so that  $A_N^c \subseteq R$ . Subdivide  $R$  into dyadic cubes and from the collection with one side along the  $x$ -axis, we select those that are maximal with respect to the property of containing some  $z_j$  in their top half. We denote this collection of cubes by  $\{Q_i\}$ . From each  $Q_i$ , select a point  $z_j$  contained in  $T(Q_i)$ . To distinguish these points we will denote them by  $\{w_j\}$ . Since  $\{z_j\}$  is an interpolating sequence, we have for each  $Q_i$ ,

$$\sum_{z_k \in Q_i} \frac{y y_k}{|z - \bar{z}_k|^2} \leq C \frac{y \operatorname{Im} w_k}{|z - \bar{w}_k|^2}$$

Let  $D_n = \{(u, 0) : 2^{n-2} |I| \leq |u - x| < 2^{n-1} |I|\}$  and  $J_n = \bigcup_{0 \leq k \leq n+1} D_k$ . Let  $n_1$  be the smallest value of  $n$  for which there exists a  $w_j$  with  $\operatorname{Im} w_j \geq y$  and  $|x - \operatorname{Re} w_j| < 2^{n_1} |I|$ . Then,

$$\begin{aligned}
 |f(z)| &\leq C \sigma(1 - |z|) + |f_I - f_{J_{n_1}}| \\
 &\quad + |f_{I_{w_j}} - f_{J_{n_1}}| + |f_{I_{w_j}}|
 \end{aligned}$$

Furthermore

$$|f_I - f_{J_{n_1}}| \leq C \sum_{k=0}^{n_1-1} |f_{J_k} - f_{J_{k+1}}|$$

$$\begin{aligned}
 &\leq C \sum_{k=0}^{n_1-1} \sigma(|J_{k+1}|) \\
 &\leq C \left( \sum_{k=0}^{n_1-1} \frac{|J_{k+1}|}{|I|} \right) \sigma(|I|) \\
 &\leq C \frac{|J_{n_1}|}{|I|} \sigma(|I|)
 \end{aligned}$$

Similarly

$$|f_{I_{w_j}} - f_{J_{n_1}}| \leq C \frac{|J_{n_1}|}{|I|} \sigma(|I|)$$

while

$$|f_{I_{w_j}}| \leq C \frac{|I_{w_j}|}{|I|} \sigma(|I|) \leq C \frac{|J_{n_1}|}{|I|} \sigma(|I|)$$

and hence

$$|f(z)| \leq C \frac{|J_{n_1}|}{|I|} \sigma(1 - |z|)$$

Now there exists  $\{n_k\} \subseteq \mathbf{N}$  and  $C > 0$  such that for all  $w_k$ ,  $\text{Im } w_k \geq y$ ,

$$|\text{Im } w_k| \leq C (|J_{n_{k+1}}| - |J_{n_k}|)$$

Hence

$$\begin{aligned}
 |f(z)|^2 \sum_{\substack{w_k \in R \\ \text{Im } w_k \geq y}} \frac{y \text{Im } w_k}{|z - \bar{w}_k|^2} &\leq C |f(z)| \sigma(1 - |z|) \frac{|J_{n_1}|}{|I|} \sum_{k \geq 0} \frac{|I| (|J_{n_{k+1}}| - |J_{n_k}|)}{|J_{n_{k+1}}|^2} \\
 &\leq C \sigma(1 - |z|), \quad \text{since } f \text{ is bounded}
 \end{aligned}$$

We now prove

$$|f(z)|^2 \sum_{\substack{w_k \in R \\ \text{Im } w_k \leq y}} \frac{y \text{Im } w_k}{|z - \bar{w}_k|^2} \leq C \sigma(1 - |z|) \tag{5.5}$$

$$\text{Let } \mathfrak{S}_1 = \{w_j : |I_{w_j}| < |I|, |I_{w_j} \cap I| \geq \frac{1}{2} |I_{w_j}|\}$$

$$\text{and } \mathfrak{S}_2 = \{w_j : |I_{w_j}| < |I|, |I_{w_j} \cap I| < \frac{1}{2} |I_{w_j}|\}$$

*Claim* : If  $\mathfrak{S}_1 \neq \emptyset$ , then

$$|f_I| \leq C \sigma(|I|) \left( \left| \log \frac{|I|}{\sum_{\mathfrak{S}_1} |I_{w_j}|} \right| + 1 \right). \quad (5.6)$$

*Proof* : For each  $w_j \in \mathfrak{S}_1$ ,  $|f_{I_{w_j}}| \leq \sigma(|I_{w_j}|)$ . Theorem 1.1 implies

$$|f(t)| \leq C \cdot \max_{\mathfrak{S}_1} \sigma(|I_{w_j}|) \text{ on a subset of } \bigcup \{I_{w_j}\} \text{ of measure } \geq \frac{1}{2} \sum |I_{w_j}|. \quad (5.6)$$

now follows from theorem 1.1.

The claim implies

$$\begin{aligned} |f(z)|^2 &\sum_{w_j \in \mathfrak{S}_1} \frac{y \operatorname{Im} w_j}{|z - \bar{w}_j|^2} \\ &\leq C \sigma(|I|) \left( \left| \log \frac{|I|}{\sum_{\mathfrak{S}_1} |I_{w_j}|} \right| + 1 \right) \sum_{I_{w_j}} \frac{|I| |I_{w_j}|}{|I|^2} \\ &\leq C \sigma(|I|). \end{aligned}$$

Finally we consider the contribution from points in  $\mathfrak{S}_2$ .

Let  $m_1 = \min \{n : \exists w_j \in \mathfrak{S}_2 \text{ with } |I_{w_j} \cap D_n| > \frac{1}{2} |I_{w_j}|\}$  and let  $\{m_j\} \subseteq \mathbf{N}$  be that sequence of points with the property  $|D_{m_j} \cap I_{w_k}| > \frac{1}{2} |I_{w_k}|$  for some  $w_k \in \mathfrak{S}_2$

*Claim* :

$$|f_I| \leq C \sigma(|I|) \left\{ \left| \log \frac{\sum \{|I_{w_j}| : |I_{w_j} \cap D_{m_1}| > \frac{1}{2} |I_{w_j}|\}}{|I|} \right| + \frac{|J_{m_1}|}{|I|} \right\}$$

*Proof* : Without loss of generality we may assume  $|D_{m_1}^+ \cap I_{w_j}| > \frac{1}{2} |I_{w_j}|$  where

$D_{m_1}^+ = D_{m_1} \cap \{(x, 0) : x \geq 0\}$  Then the proof of the claim above implies

$$|f_{D_{m_1}^+}| \leq C \sigma(|I|) \left| \log \frac{\sum \{|I_{w_j}| : |I_{w_j} \cap D_{m_1}| > \frac{1}{2} |I_{w_j}|\}}{|I|} \right|$$

Therefore,

$$\begin{aligned} |f_I| &\leq |f_{D_{m_1}^+}| + |f_I - f_{J_{m_1}}| + |f_{D_{m_1}^+} - f_{J_{m_1}}| \\ &\leq |f_{D_{m_1}^+}| + C \frac{|J_{m_1}|}{|I|} \sigma(|I|) \end{aligned}$$

which establishes the claim. Hence

$$|f(z)|^2 \sum_{w_j \in \mathfrak{S}_2} \frac{y \operatorname{Im} w_j}{|z - \bar{w}_j|^2} \leq C (\sigma(|I|) + |f_I|) \sum_{k \geq 1} \left( \sum \frac{|I| |I_j|}{|z - \bar{w}_j|^2} \right)$$

where the second sum is taken over those  $w_j$  for which  $|D_{m_k} \cap I_{w_j}| > \frac{1}{2} |I_{w_j}|$

$$\begin{aligned} &\leq C (\sigma(|I|) + |f_I|) \frac{\sum |I_j|}{|I|} \left( |I|^2 \sum_{k \geq 1} \frac{1}{|J_{m_k}|^2} \right) \\ &\leq C (\sigma(|I|) + |f_I|) \frac{|I|^2}{|J_{m_1}|^2} \\ &\leq C \sigma(|I|). \end{aligned} \tag{5.7}$$

Now (5.6) and (5.7) imply (5.5) and this completes the proof of the theorem.

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