NMR DATA



Figure 1. ¹H NMR spectrum (300 MHz) of potassium 3-phenyl pyrazolate in CD₃CN.



Figure 2. ¹³C {¹H} NMR spectrum (300 MHz) of potassium 3-phenyl pyrazolate in CD₃CN.



Figure 3. ¹H NMR spectrum (300 MHz) of [LFe₃F(PhPz)₃Fe][OTf] (1) in CD₂Cl₂.



Figure 4. ¹⁹F NMR spectrum (300 MHz) of [LFe₃F(PhPz)₃Fe][OTf] (1) in CD₂Cl₂.



Figure 5. ¹H NMR spectrum (300 MHz) of [LFe₃F(PhPz)₃Fe][OTf]₂ (2) in CD₂Cl₂.



00 90 80 70 60 50 40 30 20 10 0 -10 -20 -30 -40 -50 -60 -70 -80 -90 -100 -110 -120 -130 -140 -150 -160 -170 -180 -190 -2

Figure 6. ¹⁹F NMR spectrum (300 MHz) of [LFe₃F(PhPz)₃Fe][OTf]₂ (2) in CD₂Cl₂.



Figure 7. ¹H NMR spectrum (300 MHz) of [LFe₃F(PhPz)₃Fe(CH₃CN)][OTf]₃ (3) in CD₃CN.



Figure 8. ¹⁹F NMR spectrum (300 MHz) of $[LFe_3F(PhPz)_3Fe(CH_3CN)][OTf]_3$ (3) in CD_3CN .



Figure 9. ¹H NMR spectrum (300 MHz) of [LFe₃F(PhPz)₃Fe(NO)][OTf] (1-NO) in CD₂Cl₂.



Figure 10. ¹H NMR spectrum (300 MHz) of $[LFe_3O(Pz)_3Mn][OTf]$ (1-[OTf]) (top) and $[LFe_3O(Pz)_3Mn][[BArF4]]$ (1-[BAr^F4]; bottom) in CD₃CN.



Figure 11. ¹⁹F NMR spectrum (300 MHz) of $[LFe_3O(Pz)_3Mn][OTf]$ (**1-[OTf]**; top) and $[LFe_3O(Pz)_3Mn][BAr^{F_4}]$ (**1-[BAr^{F_4}]**; bottom) in CD₃CN.



Figure 12. ¹H NMR spectrum (300 MHz) of $[LFe_3O(Pz)_3Mn][OTf]_2$ (**2-[OTf]**; top) and $[LFe_3O(Pz)_3Mn][BAr^F_4]_2$ (**2-[BAr^F**₄]; bottom) in CD₃CN.



Figure 13. ¹⁹F NMR spectrum (300 MHz) of $[LFe_3O(Pz)_3Mn][OTf]_2$ (**2-[OTf]**; top) and $[LFe_3O(Pz)_3Mn][BAr^F_4]_2$ (**2-[BAr**^F₄]; bottom) in CD₃CN.



Figure 14. ¹H NMR spectrum (300 MHz) of $[LFe_3O(Pz)_3Mn][OTf]_3$ in CD_2Cl_2 (**3-[OTf]**; top), $[LFe_3O(Pz)_3Mn][BAr^F_4]_3$ in THF/C₆D₆ with three equivalents tetrabutylammonium trifluoromethanesulfonate (400 MHz, middle), and $[LFe_3O(Pz)_3Mn][BAr^F_4]_3$ in THF/C₆D₆ (500 MHz) (**3-[BAr^F_4]**; bottom).



Figure 15. ¹⁹F NMR spectrum (300 MHz) of $[LFe_3O(Pz)_3Mn][OTf]_3$ (**3-[OTf]**) in CD_2Cl_2 (top) and $[LFe_3O(Pz)_3Mn][BAr^F_4]_3$ (**3-[BAr^F**₄]; bottom) in THF/C₆D₆ (400 MHz).



Figure 16. ¹H NMR spectra (400 MHz) of $[LFe_3O(Pz)_3Mn(OH)]$ (5) in THF/C₆D₆ [250 mM H₂O].



Figure 17. ¹H NMR spectrum (300 MHz) of $[LFe_3O(Pz)_3Mn(OH)][OTf]$ (**6-[OTf]**; top) and $[LFe_3O(Pz)_3Mn(OH)][BAr^F_4]$ (**6-[BAr^F_4]**; middle) in CD3CN. ¹H NMR spectrum (400 MHz) of $[LFe_3O(Pz)_3Mn(OH)][BAr^F_4]$ (**6-[BAr^F_4]**; bottom) in THF/C₆D₆ [250 mM H₂O].



Figure 18. ¹H NMR spectrum (400 MHz) of $[LFe_3O(Pz)_3Mn(OH)][BAr^F_4]_2$ (7-[BAr^F4]) in THF/C₆D₆ [250 mM H₂O].



Figure 19. ¹H NMR spectrum (300 MHz) of 2-*tert*-butyl-isoxazolium tetrafluoroborate in (CD₃)₂CO.

Figure 20. ¹H NMR spectrum (400 MHz) of *N-tert*-butyl-1*H*-pyrazol-3-amine in CD₂Cl₂.

Figure 21. ¹³C{¹H} NMR spectrum (100 MHz) of *N-tert*-butyl-1*H*-pyrazol-3-amine in CD_2Cl_2 .

Figure 22. ¹H NMR spectrum (300 MHz) of LFe₃O(PzNHtBu)₃Fe(OH) (**1**) in C₆D₆. The sharp signal ~ 95 ppm is a spectral artifact.

Figure 23. ¹H NMR spectrum (300 MHz) of [LFe₃O(PzNHtBu)₃Fe(OH)][OTf] (2) in CD₃CN. The sharp signal ~ 90 ppm is a spectral artifact.

Figure 24. ¹H NMR spectrum (300 MHz) of [LFe₃O(PzNHtBu)₃Fe(OH)][OTf]₂ (**3**) in CD₂Cl₂.

Figure 25. ¹H NMR spectrum (300 MHz) of [LFe₃O(PzNHtBu)₃Fe(OH)][OTf]₃ (4) in CD₂Cl₂.

Figure 26. ¹H NMR spectrum (300 MHz) of LFe₃O(PzNHtBu)₃Fe(O) (5) in C₆D₆.

Figure 27. ¹H NMR spectrum (400 MHz) of $[LFe_3O(PzNHtBu)_3Fe(O)][OTf]$ (6) in THF/C₆D₆.

Figure 28. ¹H NMR spectrum (300 MHz) of [LFe₃O(PzNHtBu)₃Fe(O)][OTf]₂ (**7**) in 1:1 CD₃CN/CD₂Cl₂.

Figure 31. ¹H NMR spectrum (300 MHz) of $[LFe_3O(Pz)_3Fe][OTf]$ (3) in CD₃CN.

Figure 33. ¹H NMR spectrum (300 MHz) of $[LFe_3O(Pz)_3Fe(MeCN)][OTf]_3$ (4-MeCN) in CD₃CN.

Figure 34. ¹⁹F NMR spectra (300 MHz) of $[LFe_3O(Pz)_3Fe][OTf]_3$ (4) in CD_2Cl_2 (left) and $[LFe_3O(Pz)_3Fe(MeCN)][OTf]_3$ (4-MeCN) in CD_3CN (right).

 THF/C_6D_6 .

Figure 38. ¹H NMR spectrum (500 MHz) of reaction mixture containing $[LFe_3O(Pz)_3Fe(3,5-trifluoromethyl-anilide)][OTf]$ (8) in THF/C₆D₆.

Figure 39. ¹H NMR spectrum (300 MHz) of [LFe₃O(Pz)₃Fe(para-tolylsulfonamide)][OTf] (9) in CD₃CN.

Figure 40. ¹H NMR spectrum (300 MHz) of $[LFe_3F(Pz)_3Fe][OTf]$ (10) in CD_2Cl_2 .

Figure 42. ¹H NMR spectrum (300 MHz) of [LFe₃O(Pz)₃Fe(F)][OTf] (12) in CD₂Cl₂.

Figure 43. ¹H NMR spectrum (300 MHz) of LFe₃N(Pz)₃Fe(N₃) (13) in CD₂Cl₂.